

### #30 Daily Chat: Food Culture (日本の食文化)

下に英語のみバージョンもございますのでどちらか好きな方をご利用下さい。

1. Let's Practice a Short Dialogue: Practice these conversations with your students.先生と一緒にこれらの会話を練習しましょう。

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#### Conversation 1: Before Eating

**A: What do you say before eating?**

**A:** 食べる前に何と言いますか？

**B: We say "itadakimasu" before we eat.**

**B:** 食べる前に「いただきます」と言います

**C: It means saying thanks before eating.**

**C:** 食べる前に感謝の気持ちを伝えるんだ

Teacher Note: Talk about mealtime greetings and gratitude.

先生用メモ：食事の前のあいさつや感謝を伝える表現を練習しましょう。

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#### Conversation 2: Bento Box

**A: What is in your bento box?**

**A:** お弁当には何が入っていますか？

**B: My mom made me rice balls.**

**B:** お母さんがおにぎりを作ってくれた

**C: Your bento box looks delicious.**

**C:** あなたのお弁当は美味しそうですね

Teacher Note: Describe lunch items and compliments.

先生用メモ：お弁当の中身を説明したり褒めたりする表現を練習しましょう。

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#### Conversation 3: Chopstick Skills

**A: Are you good at using chopsticks?**

**A:** お箸を使うのは得意ですか？

**B: Sure, I use them every day.**

**B:** はい、毎日使っています

**C: Using chopsticks is a little difficult.**

**C:** お箸を使うのは少し難しいです

Teacher Note: Talk about abilities and difficulties.

先生用メモ：得意・苦手を表現する練習をしましょう。

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#### Conversation 4: School Lunch

**A: Did you see today's lunch menu?**

**A:** 今日の給食のメニュー見た？

**B: We are having spring rolls today.**

**B:** 今日は春巻きを食べるよ

**C: And we're having corn chowder too.**

**C:** コーン入りクリームスープも一緒に出るよ

Teacher Note: Discuss school lunch dishes.

先生用メモ: 給食のメニューについて話す表現を練習しましょう。

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#### Conversation 5: Favorite Japanese Food

**A: What Japanese food do you like?**

**A:** どの日本食が好きですか？

**B: My favorite Japanese food is mochi.**

**B:** 私の一番好きな日本食はおもちです

**C: Late at night, I crave ochazuke.**

**C:** 夜遅くに、お茶漬が無性に食べたくなります

Teacher Note: Share preferences and cravings.

先生用メモ: 好きな料理や食べたくなる場面を表現しましょう。

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#### 2. Activity 1: Role Play Practice

Example Dialogue: Conversation 1

**A: What do you say before eating?**

**A:** 食べる前に何と言いますか？

**B: We say "itadakimasu" before we eat.**

**B:** 食べる前に「いただきます」と言います

**C: It means saying thanks before eating.**

**C:** 食べる前に感謝の気持ちを伝えるんだ

Teacher Note: Encourage students to role-play expressing gratitude with gestures.

先生用メモ: ジェスチャーを交えて感謝を表現させましょう。

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#### 3. Activity 2: Create Your Own Dialogue

Prompt: Create a short three-turn conversation about your lunch or favorite Japanese dish.

Teacher Note: Let students choose a food item (e.g., sushi, ramen) and practice asking and answering about it.

先生用メモ: 生徒に好きな日本食を選ばせ、質問と答えを練習させましょう

Conversation 1: Before Eating

**A: What do you say before eating?**

**B: We say “itadakimasu” before we eat.**

**C: It means saying thanks before eating.**

Teacher Note: Talk about mealtime greetings and gratitude.

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Conversation 2: Bento Box

**A: What is in your bento box?**

**B: My mom made me rice balls.**

**C: Your bento box looks delicious.**

Teacher Note: Describe lunch items and compliments.

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Conversation 3: Chopstick Skills

**A: Are you good at using chopsticks?**

**B: Sure, I use them every day.**

**C: Using chopsticks is a little difficult.**

Teacher Note: Describe lunch items and compliments.

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Conversation 4: School Lunch

**A: Did you see today’s lunch menu?**

**B: We are having spring rolls today.**

**C: And we’re having corn chowder too.**

Teacher Note: Discuss school lunch dishes.

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Conversation 5: Favorite Japanese Food

**A: What Japanese food do you like?**

**B: My favorite Japanese food is mochi.**

**C: Late at night, I crave ochazuke.**

Teacher Note: Practice talking about food culture and preferences.