READING





CAROL'S APPLE CAKE

Carol baked an apple cake yesterday, but she couldn't follow all the instructions in her cookbook because she didn't have enough of the ingredients. She used less flour and fewer eggs than the recipe required. She also used less butter, fewer apples, fewer raisins, and less sugar than she was supposed to. As a result, Carol's apple cake didn't taste very good. As a matter of fact, it tasted terrible!

PAUL'S BEEF STEW

Paul cooked beef stew yesterday, but he couldn't follow all the instructions in his cookbook because he didn't have enough of the ingredients. He used less meat and fewer tomatoes than the recipe required. He also used fewer putatoes, less salt, less pepper, and fewer onions than he was supposed to. As a result, Paul's beef stew didn't taste very good. As a matter of fact, it tasted awful!

READING CHECK-UP

WHAT'S THE WORD?



• bulld - built



They Must Lose Some Weight

mustn't (must not)



- A. I had my yearly checkup today.
- B. What did the doctor say?
- A. He said I'm a little too heavy and I must lose some weight.
- B. Do you have to stop eating ice cream?
- A. No. I don't have to stop eating ice cream. But I mustn't eat as much ice cream as I did before.

den't doesn't

have to



- A. Grandpa had his yearly checkup today.
- B. What did the doctor say?
- A. She said he's a little too heavy and he must lose some weight.
- B. Does he have to step eating cookies?
- A. No. He doesn't have to stop eating cookies. But he mustn't eat as many cookies as he did before.



1. I had my yearly checkup today.



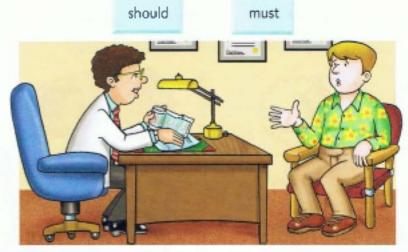
3. Grandma had her yearly checkup today.



2. Billy had his yearly checkup today.



4. Rover had his yearly checkup today.



- A. I'm really worried about your heart.
- B. Really, Doctor? Should I stop eating rich desserts?
- A. Mr. Jones! You MUST stop eating rich desserts! If you don't, you're going to have serious problems with your heart some day.
 - A. I'm really worried about your _____.
 - B. Really, Doctor? Should I _____?
 - A. (Mr/Miss/Mrs./Ms.) ! You MUST ____!

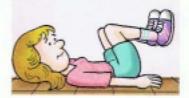
 If you don't, you're going to have serious problems with your _____some day.



1. knees stop jogging



4. blood pressure take life a little easier



2. hack start doing exercises



5. hearing stop listening to loud rock music



3. stomach stop eating spicy foods



6.

How to Say It!

Asking for Advice

A. I have a cold.

What should I do?

Do you have ony advice?

Do you have ony suggestions?

B. I think you should drink some hot tea.

Practice the conversations on this page, using these expressions for asking for advice.



INTERACTIONS

HOME REMEDIES

Different people have different remedies for medical problems that aren't very serious. For example, people do different things when they burn a finger.



Some people rub butter on their finger.

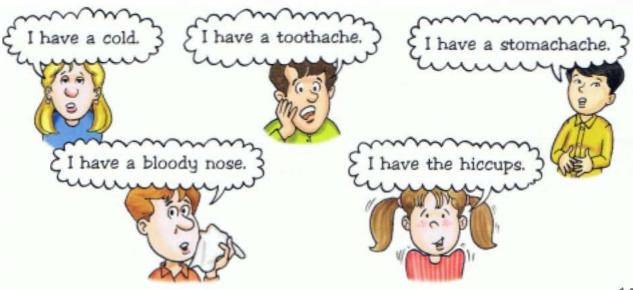


Other people put a piece of ice on their finger.



Other people put their finger under cold water.

Practice conversations with other students. Ask for advice about these medical problems, and give advice about "home remedies" you know.



PRONUNCIATION Must & Mustn't

Listen. Then say it.

I must eat more fruit.

He must eat fewer cookies.

You mustn't eat cake.

They mustn't eat ice cream.

Say it. Then listen.

We must eat less cheese.

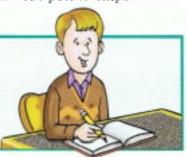
She must eat more vegetables.

I mustn't eat butter.

They mustn't eat potato chips.



There are a lot of rules in daily life—things you must do and things you mustn't do. Think about the rules in YOUR life—at school, on the job, in your home, and in your community. Write about these rules in your journal.



CHAPTER SUMMARY

GRAMMAR

Must

I He	
She	
lt	must work.
We	
You	
They	

I He She It We You They

mustn't eat candy.

MUSTN'T VS. DON'T HAVE TO

I don't have to stop eating cookies.
But I mustn't eat as many cookies as I did before.

MUST VS. SHOULD

Should I stop eating rich desserts? You must stop eating rich desserts.

COUNT/NON-COUNT NOUNS:

He	must	eat

more less bread. fish. COUNT

He must eat

more fewer coekies. petatoes. eggs.

KEY VOCABULARY

MEDICAL CHECKUP

blood pressure
blood test
cardiogram
checkup
chest X-ray
doctor
ears
eyes
examination
health
heart

height
lab technician
measure
neck
nose
nurse
scale
stethoscope
throat
weight
X-ray technician

Foods

apples fi
bread fi
butter fi
cake fi
candy g
cheese g
cookies
desserts ic
dog biscuits m
eggs m

fish
flour
french fries
fruit
grapefruit
green
vegetables
ice cream
margarine
meat

nuts
onions
pepper
potato chips
potatoes
raisins
rice
salt
skim milk
sugar

tomatoes vegetables water yogurt

fatty meat lean meat



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