



# 11

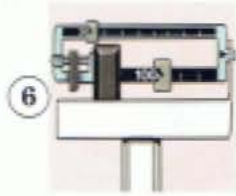
**Past Tense Review**  
**Count/Non-Count**  
**Noun Review**

**Must**  
**Mustn't vs. Don't Have to**  
**Must vs. Should**

- Medical Examinations
- Medical Advice

- Health
- Nutrition

## VOCABULARY PREVIEW



1. doctor
2. nurse
3. lab technician
4. X-ray technician

5. scale
6. weight
7. height
8. stethoscope

9. chest X-ray
10. cardiogram
11. blood pressure
12. blood test

# The Checkup



You'll stand\* on a scale, and the nurse will measure your height and your weight.



The nurse will take your blood pressure.



The lab technician will do some blood tests.



The X-ray technician will take a chest X-ray.



Then the nurse will lead\* you into an examination room.



The doctor will come in, shake\* your hand, and say "hello."



She'll ask you some questions about your health.



Then, she'll examine your eyes, ears, nose, and throat.



Next, she'll listen to your heart with a stethoscope.



After that, she'll take your pulse.



Then, she'll do a cardiogram.



Finally, the doctor will talk with you about your health.

\* stand - stood    lead - led    shake - shook



# Your Checkup



1. I stood on a scale \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_



6. \_\_\_\_\_



7. \_\_\_\_\_



8. \_\_\_\_\_



9. \_\_\_\_\_



10. \_\_\_\_\_



11. \_\_\_\_\_



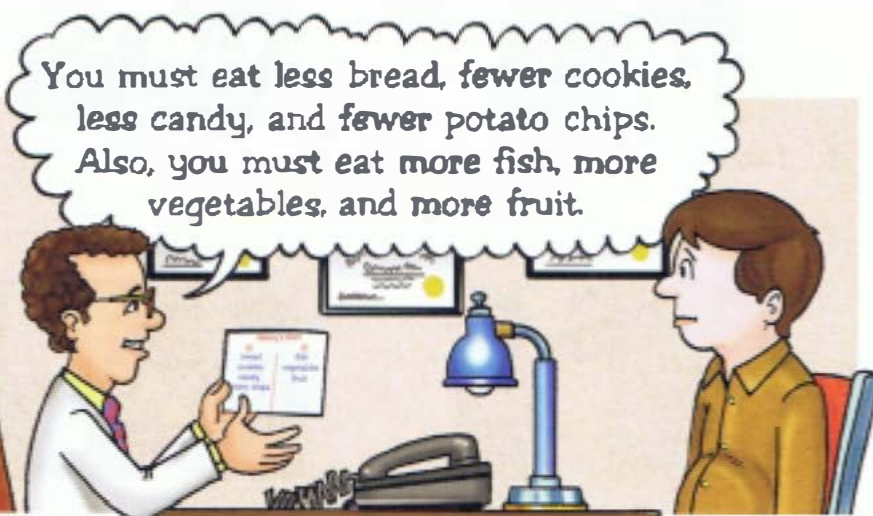
12. \_\_\_\_\_

I  
He  
She  
It  
We  
You  
They } must work.

more / less	more / fewer
bread	cookies
fish	potatoes
fruit	eggs
rice	vegetables

Henry had his yearly checkup today. The doctor told him he's a little too heavy and put him on this diet:

Henry's Diet	
⊖ bread	⊕ fish
cookies	vegetables
candy	fruit
potato chips	



Shirley's Diet	
⊖ fatty meat	⊕ lean meat
potatoes	grapefruit
rice	green vegetables
rich desserts	



Arthur's Diet	
⊖ butter	⊕ margarine
eggs	yogurt
cheese	skim milk
ice cream	

1. Shirley also had her annual checkup today. The doctor told her she's a little too heavy and put her on this diet:

She must eat \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. Arthur was worried about his heart. He went to his doctor for an examination, and the doctor told him to eat fewer fatty foods.

He must eat/drink \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Buster's Diet	
⊖	⊕
fatty meat	lean meat
dog biscuits	water

3. Buster went to the vet yesterday for his yearly checkup. The vet told him he's a little too heavy and put him on this diet:

He must eat/drink \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

My Diet	
⊖	⊕

4. You went to the doctor today for your annual physical examination. The doctor told you you're a little overweight and said you must go on a diet.

I must eat/drink \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

## LISTENING

Listen and choose the correct word to complete the sentence.



- |               |                  |
|---------------|------------------|
| 1. a. cake    | 4. a. rice       |
| b. cookies    | b. desserts      |
| 2. a. bread   | 5. a. fatty meat |
| b. vegetables | b. eggs          |
| 3. a. soda    | 6. a. cheese     |
| b. grapefruit | b. potato chips  |



What foods are good for you? What foods are bad for you? Make two lists.

Good for Me

Bad for Me

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____