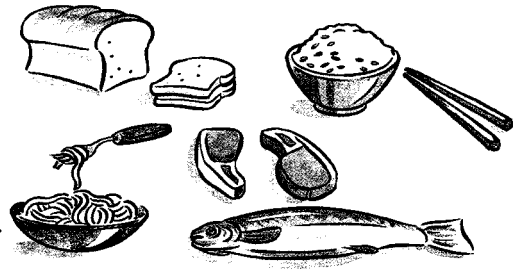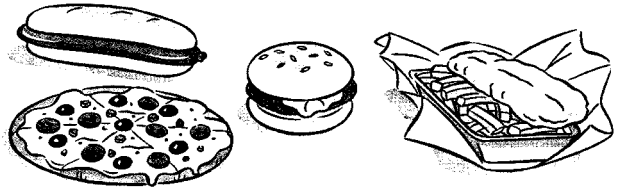# 43 Food and drink

A Everyday food

Do you want some **bread**?
  [NOT Do you want a bread?]
In China, most people eat **rice**.
In Italy, **pasta** is very popular.
Many people eat **meat** or **fish** almost every day.
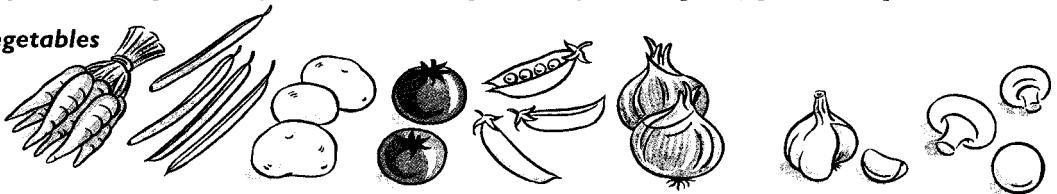
B Popular food / fast food

Most young people love **hot-dogs**,
hamburgers and **pizzas**.

Most British people like **fish and chips**.

C Fruit and vegetables
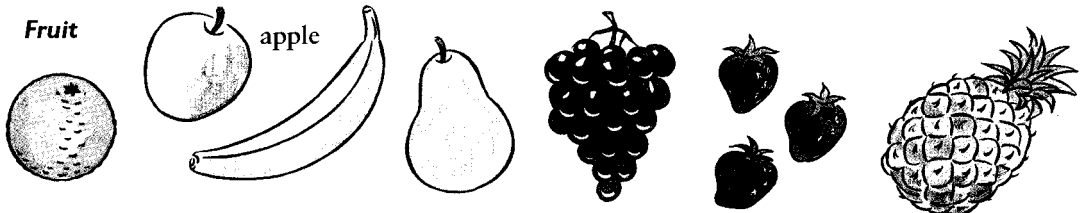
Vegetables are good for you. **Fruit** is also good for you. (singular) [NOT fruits]

Vegetables

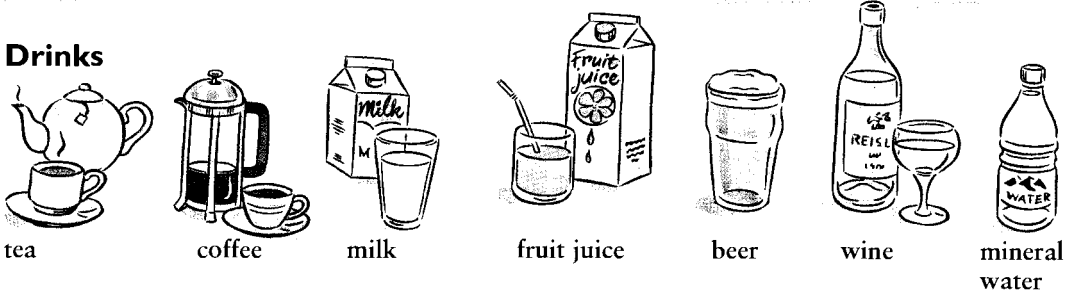carrots   beans   potatoes tomatoes   peas   onions   garlic   mushrooms

Fruit   apple

orange   banana   pear   grapes   strawberries   pineapple

D Drinks

tea   coffee   milk   fruit juice   beer   wine   mineral
                                                                           water

Tip: Go to a supermarket. How many drinks and foods have English names on them?
Try to learn some of them.

Exercises

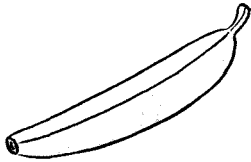**43.1** Complete the sentences. Use words from A and B opposite.

1 ....*Rice*........ is the most important food in Japan.
2 .... and .... are very popular in Britain.
3 Chips are made from ....
4 Most Italian people love ....
5 Hamburgers are made from ....
6 A .... is a sausage inside a piece of bread.

43.2 Put these words into two lists: fruit and vegetables, as in the example.

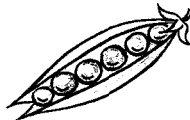| beans   pineapple   grapes   onions   apple   carrot   garlic   pear   mushrooms |
| --- |

fruit   *vegetables*

                                            beans

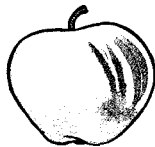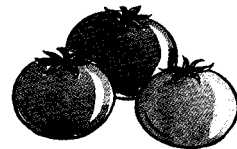**43.3** Write the names of these fruit and vegetables.

1 ....   3 ....   5 ....

2 ....   4 ....   6 ....

43.4 Here are the names of some drinks with the letters mixed up. What are they?

1 eta **tea**   4 fecofe
2 rebe   5 rituf eciju
3 klim   6 nilemar retaw

43.5 What are your four favourite foods? And your three favourite drinks? Are they good for you? Use a dictionary if the names are not in this unit.