

I baked cookies for you!

You've got a heart of gold!



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## LESSON 6

# SUSAN STAYS HOME AND BAKES COOKIES

*Susan decides to cheer up her husband. Bob loves her home-made cookies. Nicole suggests she start a cookie business.*

スーザンは、夫を元気付けることにしました。ボブは、彼女の自家製のクッキーが大好きです。ニコールは彼女にクッキーの事業を始めることを提案しました。

*Susan:* Bob, I baked cookies for you.

*Bob:* That was so nice of you, dear. You've got a **heart of gold!**

*Susan:* Go ahead and **pig out!**

*Bob:* These are delicious!

*Susan:* I thought they might **cheer you up**. You've been in a **bad mood** lately.

*Bob:* I guess I have been a little **on edge**. But these cookies are **just what the doctor ordered!**

*Nicole:* Do I smell cookies?

*Susan:* Yes, Nicole. **Help yourself.**

*Nicole:* Yum-yum.\* These are **out of this world**. You could go **into business** selling these!

*Bob:* You could call them Susan's Scrumptious Cookies. You'd **make a bundle.**

*Susan:* **Good thinking!**

*Nicole:* Don't forget to **give me credit** for the idea after you're rich and famous!

*Susan:* You know I always **give credit where credit is due!**

\* Yum-yum: は何かが美味しい時に使います。"mmm, mmm" や "mmm-mmm, good" (んー、おいしい!) とも言います。



### IDIOMS – LESSON 6

**(to) cheer (someone) up** – to make someone happy

(人)を元氣、勇氣付ける

EXAMPLE: Susan called her friend in the hospital to **cheer her up**.

メモ: "Cheer up!" (元氣だして!) は、誰かの機嫌が悪い時や、元氣付けるために、よく使います。

**(to) give (someone) credit** – to acknowledge someone's contribution

(人)を褒める、正しく評価する

EXAMPLE: The scientist gave his assistant **credit** for the discovery.

**(to) give credit where credit is due** – to give credit to the person who deserves it

褒めるのにふさわしい人を評価する

EXAMPLE: I will be sure to thank you when I give my speech. I always **give credit where credit is due**.

**(to) go into business** – to start a business

事業を始める

EXAMPLE: Jeff decided to **go into business** selling baseball cards.

**good thinking** – good idea; smart planning

名案

EXAMPLE: I'm glad you brought an umbrella — that was **good thinking!**

**(to) have a heart of gold** – to be very kind and giving

親切で思いやりがある

EXAMPLE: Ed **has a heart of gold** and always thinks of others before himself.

**Help yourself – serve yourself**

自由に（食物などを）自分でとる

EXAMPLE: "Help yourselves to cookies and coffee," said Vanessa before the meeting started.

メモ：再帰動詞形に注意しましょう。"Help yourself"は単数形、"help yourselves"は複数形です。

**(to be) in a bad mood – unhappy; depressed; irritable**

機嫌が悪い、不機嫌

EXAMPLE: After her boyfriend broke up with her, Nicole was **in a bad mood** for several days.

**just what the doctor ordered – exactly what was needed**

（ちょうど）望んでいたもの、まさに必要なもの

EXAMPLE: After coming in from skiing, a cup of hot cocoa was **just what the doctor ordered**.

SYNONYM: to hit the spot. Example: This hot cocoa really **hits the spot!**

**(to) make a bundle – to make a lot of money**

荒稼ぎをする、大金を手にする

EXAMPLE: Bob's friend Charlie **made a bundle** in the stock market and retired at age 45.

**(to be) on edge – nervous; irritable**

緊張して、不安で

EXAMPLE: Whenever Susan feels **on edge**, she takes several deep breaths and starts to feel more relaxed.

**out of this world – delicious**

天下一品

EXAMPLE: Mrs. Field's oatmeal raisin cookies are **out of this world!**

**(to) pig out [slang] – to eat greedily; to stuff oneself**

ガツガツ食べる、お腹いっぱい食べる

EXAMPLE: Ted **pigged out** on hot dogs and hamburgers at the barbeque and then got a stomachache.

メモ：動詞"to pig out"の後の前置詞"on"の使い方をメモしておきましょう。You can pig out on hamburgers（ハンバーガーをガツガツ食べる）、pig out on candy（飴をお腹いっぱい食べる）、pig out on ice cream（アイスクリームをお腹いっぱい食べる）と言うように、常に"pig out on ~"となります。

## PRACTICE THE IDIOMS

Choose the best substitute for the phrase or sentence in bold:

- 1) Thanks for baking cookies for me. **You've got a heart of gold.**
  - a) You're a very nice person.
  - b) You're a reliable person.
  - c) You're very generous with your money.
- 2) I baked these cookies for you. **Why don't you pig out?**
  - a) Please take just one cookie.
  - b) Take as many cookies as you like.
  - c) Why don't you ever eat my cookies?
- 3) I know you'll like my cookies since **you've got a sweet tooth.**
  - a) your teeth are hurting
  - b) you don't like sweet things
  - c) you like sweet things
- 4) **You should go into business selling cookies.**
  - a) You should go to the store and buy some cookies.
  - b) You should try to get a job baking cookies.
  - c) You should start a company that sells cookies.
- 5) I baked these cookies. **Help yourself!**
  - a) Let me get you one!
  - b) Take some!
  - c) You need to get some help!
- 6) If you went into business selling these delicious cookies, **you'd make a bundle.**
  - a) you'd make many cookies
  - b) you'd make a lot of money
  - c) you'd make a few dollars

- 7) **Good thinking!**
- a) That's a good idea!
  - b) It's good that you're thinking!
  - c) Keep thinking good thoughts!
- 8) I was thirsty. This iced tea is **just what the doctor ordered.**
- a) exactly what I needed
  - b) very healthy for me
  - c) exactly what my doctor recommended

*ANSWERS TO LESSON 6, p. 162*



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