

4

I've never heard of that!

1

SNAPSHOT

Favorite Ethnic Dishes

Brazil	Thailand	China	Latin America
			
Feijoadas	Mee Krob	Won Ton Soup	Ceviche
A traditional dish made of black beans, garlic, spices, and pork.	Crispy fried noodles with shrimp and chicken.	Chicken soup with pork-filled dumplings.	Raw seafood marinated in lime juice and chili peppers.

Sources: Fodor's South America, Fodor's Southeast Asia, World Book Encyclopedia

Talk about these questions.

Have you ever tried any of these dishes? Which ones would you like to try?

What other ethnic food can you try in your city?

What are three popular dishes in your country?

2

CONVERSATION

A  Listen and practice.

Kathy: Hey, this sounds good – snails with garlic!
Have you ever eaten snails?

John: No, I haven't.

Kathy: Oh, they're delicious! I had them last time.
Like to try some?

John: No, thanks. They sound strange.

Waitress: Have you decided on an appetizer yet?

Kathy: Yes. I'll have the snails, please.


Waitress: And you, sir?

John: I think I'll have the fried brains

Kathy: Fried brains? Now that really sounds strange!



CLASS AUDIO ONLY

B  Listen to the rest of the conversation. How did John like the fried brains? What else did he order?

3 PRONUNCIATION *Reduced forms*

 Listen and practice. Notice how **did you** and **have you** are pronounced in these questions.

Did you skip breakfast this morning?
 Did you cook your own dinner last night?
 Have you ever tried Indian food?
 Have you ever eaten snails?

4 GRAMMAR FOCUS

Simple past vs. present perfect

Simple past: completed events at a definite time in the past

Did you eat snails at the restaurant last night?
 No, I didn't.
 Did you go out for dinner on Saturday?
 Yes, I did.
 I went to a Korean restaurant last week.

Present perfect: events within a time period up to the present

Have you ever eaten snails?
 No, I haven't.
 Have you been to a French restaurant?
 Yes, I have.
 I've never been to a Greek restaurant.

A Complete these conversations. Then practice with a partner. (See the appendix for help with verb forms.)

- A: Have you ever (be) to a picnic at the beach?
 B: Yes, I It was fun!
- A: Did you (have) dinner at home last night?
 B: No, I I (go) out for dinner.
- A: Have you (try) sushi?
 B: No, I, but I'd like to.
- A: Did you (have) breakfast this morning?
 B: Yes, I I (eat) a huge breakfast.
- A: Have you ever (eat) at a Mexican restaurant?
 B: Yes, I The food was delicious!



B Pair work Take turns asking and answering the questions in part A. Give your own information. Pay attention to the pronunciation of **did you** and **have you**.

5 LISTENING



Listen to six people ask questions about food and drink in a restaurant. Check (✓) the item that each person is talking about.

1. water 2. coffee 3. soup 4. coffee 5. cake 6. the check
 bread the meal pasta the meat coffee the menu

6 BUSYBODIES

Pair work Ask your partner these questions and four more of your own. Then ask follow-up questions.

Did you . . . ?

make your own breakfast this morning
 go out for dinner last week
 eat a big lunch yesterday

Have you ever . . . ?

tried frog's legs
 been on a diet
 cooked a large dinner for some friends

A: Did you make your own breakfast this morning?

B: Yes, I did.

A: What did you make?

B: I made scrambled eggs.

interchange 4

Risky business

Find out some interesting facts about your classmates. Turn to page IC-5.

7 WORD POWER Cooking methods

A How do you cook these foods? Check (✓) the methods that are most common in your country. Then compare with a partner.



bake



fry



roast



boil



barbecue



steam

Methods	Foods								
	fish	shrimp	eggs	chicken	beef	potatoes	onions	eggplant	bananas
bake	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
fry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
roast	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
boil	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
barbecue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
steam	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

B What's your favorite way to cook the foods in part A?

A: I usually like to steam fish.

B: I prefer to bake it.

8 CONVERSATION

A  Listen and practice.

Kate: What's your favorite snack?

Jim: Oh, it's a sandwich with peanut butter, honey, and a banana. It's really delicious!

Kate: Ugh! I've never heard of that! How do you make it?

Jim: Well, first, you take two slices of bread and spread peanut butter on them. Then cut a banana into small pieces and put them on one of the slices of bread. Finally, pour some honey over the bananas and put the other slice of bread on top. Yum!

Kate: Yuck! It sounds awful!



CLASS
AUDIO
ONLY

B  Listen to the rest of the conversation.

What is Kate's favorite snack? Would you like to try it? Why or why not?

9 GRAMMAR FOCUS

Sequence adverbs

First, spread peanut butter on two slices of bread.

Then cut a banana into small pieces.

Next, put the pieces of banana on one slice of bread.

After that, pour honey over the bananas.

Finally, put the other slice of bread on top.

A Here's a recipe for barbecued kebobs. Look at the pictures and number the sentences from 1 to 5. Then add a sequence adverb to each step.

- put the meat and vegetables on the skewers.
- put charcoal in the barbecue and light it with lighter fluid.
- take the kebobs off the barbecue and enjoy!
- put the kebobs on the barbecue and cook for 10 to 15 minutes, turning them over from time to time.
- cut up some meat and vegetables and put them in a bowl with your favorite barbecue marinade. Marinate for 20 minutes.



B Pair work Cover the recipe and look only at the pictures. Explain each step of the recipe to your partner.

10 TEMPTING SNACKS

CLASS AUDIO ONLY

A Listen to people explain how to make these snacks. Which snack are they talking about? Number the photos (1–4).



B Pair work Choose one of the recipes you heard about in part A. Can you remember how to make it? Compare with your partner.

C Group work Take turns describing how to make your favorite snack. Then tell the class about the most interesting one.

A: What's your favorite snack?

B: It's

C: What ingredients do you need to make it?

B: You need

A: How do you make it?

B: Well, first, you After that, Next, Then

11 WRITING Recipes

A Write a recipe for an interesting dish. First, list the ingredients you need. Then describe how to make the dish.

This recipe is for chicken curry. For this dish, you need chicken, coconut milk,

First, cut up the chicken. Then fry the chicken pieces in oil

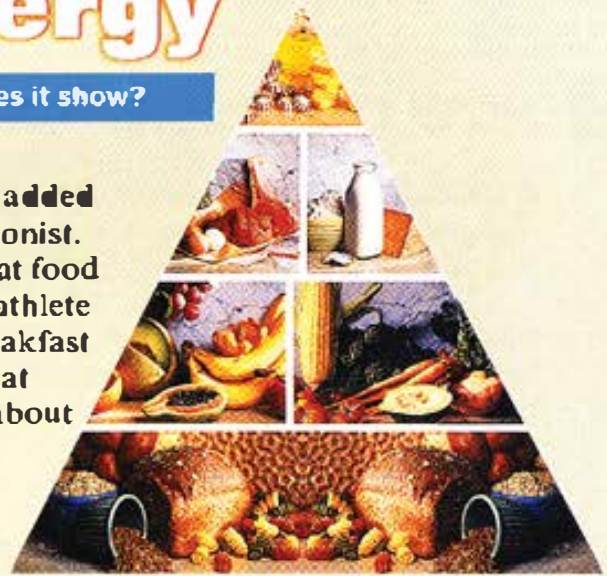
B Group work Exchange recipes and read them. Is there a recipe you would like to try? Why?

12 READING

Eating for Energy

Do you know anything about this food pyramid? What does it show?

Many professional sports teams have recently added a new member to their organization – a nutritionist. That's because athletes have become aware that food affects performance. You don't have to be an athlete to notice this effect. If you've ever skipped breakfast and then tried to clean the house, you know that you need food for energy. Here are some tips about eating to increase your physical performance:



▲ **Eat enough food.** Your body needs a certain number of calories each day. If you're too thin, you'll often feel tired and you'll be more likely to get sick.

▲ **Read the labels on food products.** This information will tell you how nutritious the foods are.

▲ **Avoid eating foods that are high in simple carbohydrates, that is, sugars.** A chocolate bar will first give you energy, but then it will leave you feeling even more tired.

▲ **Eat a balanced diet, one that includes complex carbohydrates, protein, and fat.** Use the food pyramid to help you decide how much to eat of each type of food. Complex carbohydrates provide the body with "fuel." They are found in fruits and vegetables, and in bread, rice, pasta, and other foods made from grains. The body uses protein to build muscles, and it uses fat to absorb the vitamins in food. Protein and fat are found in foods like milk, cheese, meat, fish, and eggs. Too much fat, however, can be harmful.

A Read the article and look at the food pyramid. Then check (✓) True or False. For the statements that you marked false, write the correct information.

	True	False
1. You shouldn't eat foods that are high in complex carbohydrates.	<input type="checkbox"/>	<input type="checkbox"/>
2. Fruits and vegetables are a good source of protein.	<input type="checkbox"/>	<input type="checkbox"/>
3. A person should eat more carbohydrates than fat or protein.	<input type="checkbox"/>	<input type="checkbox"/>
4. If you're too thin, you might get sick easily.	<input type="checkbox"/>	<input type="checkbox"/>

B Group work Talk about these questions.

- Which of the tips in the article do you already follow?
- What do you eat in a typical day? Is your diet balanced? What do you need to eat more of? less of?
- Can you think of a time when eating (or not eating) affected your performance? What happened?

interchange 4 **RISKY BUSINESS**

A How much do you really know about your classmates?
Look at the survey and add two more situations to items 1 and 2.

	Name	Notes
1. Find someone who has . . . a. cried during a movie. b. gone for a moonlight swim. c. sung in a band. d. studied all night for an exam. e. lied about his or her age. f. g.

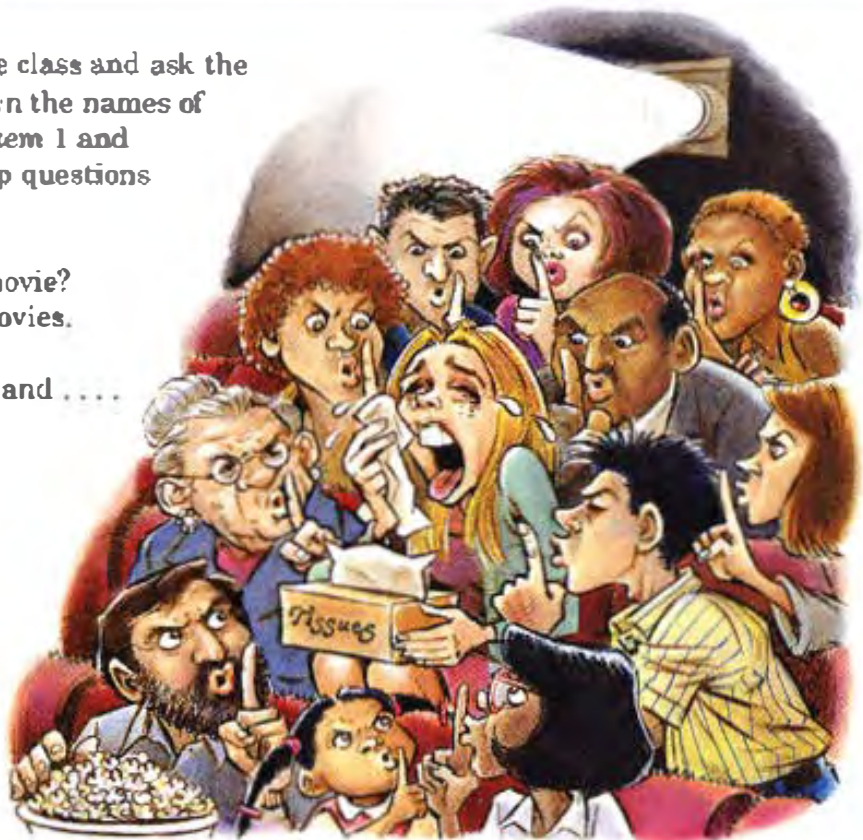
2. Find someone who has never . . . a. eaten a hot dog. b. been on a blind date. c. seen a wild animal. d. kissed someone in public. e. driven a car. f. g.

B Class activity Go around the class and ask the questions in the survey. Write down the names of classmates who answer "Yes" for item 1 and "No" for item 2. Then ask follow-up questions and take notes.

A: Have you ever cried during a movie?
 B: Yes. I've cried during a lot of movies.
 A: What kinds of movies?
 B: Well, sad ones like *Casablanca* and . . .

A: Have you ever eaten a hot dog?
 C: No, I haven't
 A: Why not?
 C: Well, I'm a vegetarian.

C Group work Compare the information in your surveys.



Review of Units 1-4

1 HOW TIMES HAVE CHANGED!

A Group work Talk about how family life has changed in the last fifty years in your country. Ask and answer questions like these:

How big were families fifty years ago?
What kinds of homes did people live in then?
What kinds of jobs did men use to have?
And what about women?
How were schools different?
How much did people use to earn?
What kinds of machines and appliances did people use?

B Class activity Compare answers. Do you think life was better in the old days? Why or why not?



2 CITY PLANNERS

A Pair work How would you make your city or town a better place for young people? Make suggestions.

A: How would you make the city better for young people?
B: Well, there should be more free concerts in the summer.
A: You're right. And there aren't enough parks.

B Group work Compare your ideas. Which suggestions do you think are best?

3 LISTENING

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Listen to people ask for information. Check (✓) the correct response.

- It's just around the corner.
 Yes, it closes at three.
- Yes, it does.
 The next one is in ten minutes.
- On the corner of Main and 15th.
 At nine o'clock in the morning.
- It's in the shopping center on King Street.
 Not until two o'clock.
- Yes, in the Fairmont Hotel on Main Street.
 Yes, I do.
- By bus.
 On the corner of Orange and Dewey.

4 COMPUTER SHOPPING

Pair work Look at these ads for computers. Make comparisons using *as... as*. Which computer would you buy?

"Computer 2 isn't as old as computer 1."

For sale: Used IBM computer (4 yrs old). 8 MB of memory, 13 inch screen. \$2000. Price includes three software programs. Call 638-2825.

FOR SALE:

Used IBM computer (2 yrs old). 16 MB of memory. 20 inch screen. \$2000. Price includes two software programs. Call 638-7693.

5 HOME IMPROVEMENTS

A Make a list of five things you wish you could change about your house or apartment.

B Pair work Compare your lists. Give at least one reason for each wish.

A: I wish I had a bigger bedroom.

It's too small for all my things.

B: I know what you mean.

I wish



6 TALKING ABOUT FOOD

A Complete the sentences with information about food.

- I have never tried food.
- I have tried food, but I don't really like it.
- The most unusual thing I have ever eaten is
- The worst food I have ever tried is
- A dish I have never tried but would like to try is
- I have often cooked

B Pair work Compare sentences with a partner. Ask and answer follow-up questions.

A: I've never tried Russian food.

B: Oh, I have. It's delicious.

A: What is a common Russian dish?

C Pair work Describe how to make a food that you like to cook.

"I like to cook 'To make it, first you
Then Next,"

