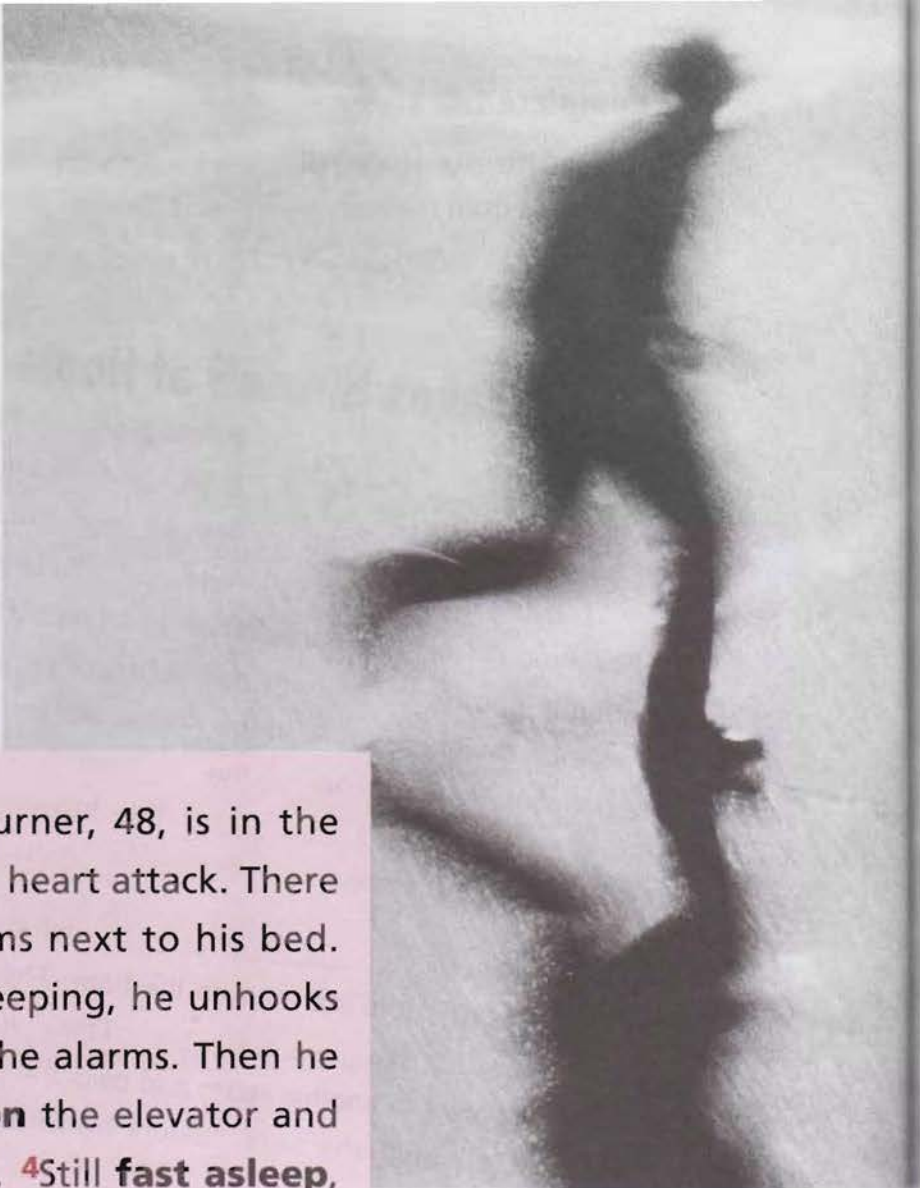


4 Heart Patient Walks Home Fast Asleep



1. Quick Reading

Look at the pictures on page 15.

What is the story about?

Now read quickly to get the main idea.

LEEDS, ENGLAND ¹Michael Turner, 48, is in the hospital. He is **getting over** a heart attack. There are heart monitors and alarms next to his bed. ²One night while Turner is sleeping, he unhooks the machines. He **turns off** the alarms. Then he **gets out of** bed. ³He **gets on** the elevator and goes to the street. It's raining. ⁴Still **fast asleep**, he walks five miles to his house. ⁵His wife opens the door. "Hello, love. I was jogging," he tells her. ⁶Turner says he doesn't remember anything about his walk. "I don't know how I got home." Turner **is now back** in the hospital and **getting better**.

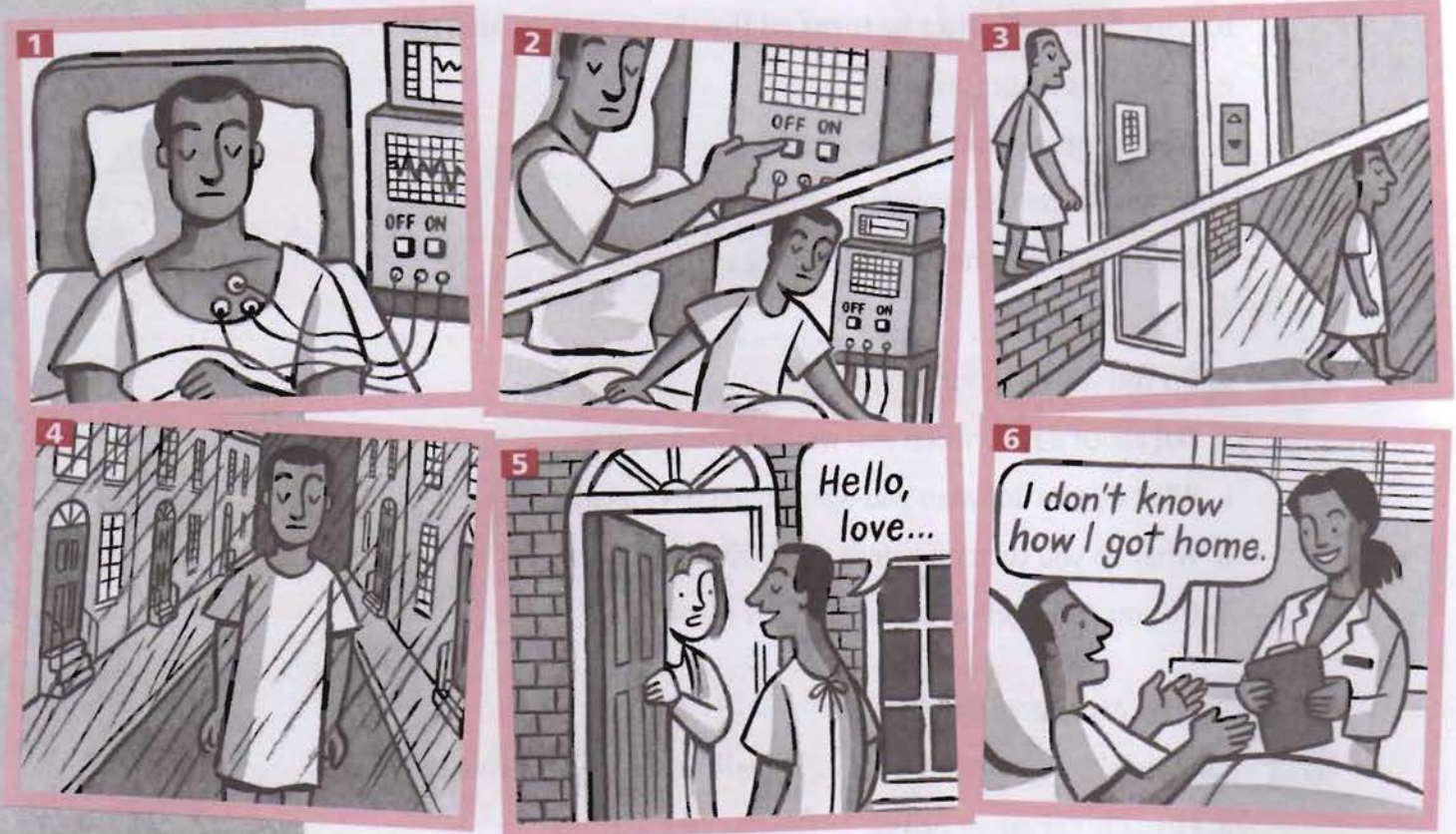
New idioms and expressions

be fast asleep	be sleeping deeply
get over something*	recover from an illness
turn something off*	stop a machine or the flow of water, electricity, etc.
get out (of something)*	leave (a bed, a car, a bath, work, class, school)
get on (something)*	enter (an elevator, a plane, a train, a bus, or a ship)
be back	be again in a place you were before
get better	improve; become healthier

*phrasal verb (see Lexicon and Appendix D)

2. Listen

Cover the story and look only at these pictures. Listen to the story two or three times.



3. Read the Story

Now read the story carefully. Pay special attention to the idioms so that you're ready for Exercise 4.

4. Complete the Idiom

Cover page 14. Look at each definition below and then complete the idiom.

- | | |
|--|-----------------|
| a. become healthier | = get _____ |
| b. be sleeping deeply | = be fast _____ |
| c. stop a machine | = turn _____ |
| d. enter an elevator, bus, etc. | = get _____ |
| e. be again in a place you were before | = be _____ |

5. Tell the Story

Cover the story and look at the pictures above. Tell the story using as many idioms as you can.

- First, work with the whole class to retell the story.
- Then tell the story to a partner or small group.

6. Answer the Questions

About the story

- a. Why is Turner in the hospital?
- b. What does he do after he turns off the alarms next to his bed?
- c. What does he get on?
- d. Where does he walk? Is he awake?
- e. What does he tell his wife?
- f. Where is Turner now? How does he feel?

About you

- g. Do you walk in your sleep?
- h. Tell about a time when you were in the hospital.
- i. What do you do when you want to get over a cold?
- j. What do you turn off before you leave home?
- k. Do you often get on a bus, train, or plane?

7. Write About Yourself

Complete the sentences, writing something true about yourself.

- a. I usually get out of bed at _____.
- b. I get out of class at _____.
- c. I often forget to turn off _____.
- d. When I get a cold, I take/eat _____ to get over it.
- e. I'm usually fast asleep by _____ o'clock.

8. Take a Dictation

Michael Turner is in the hospital _____ a heart attack. One night while he is _____, he unhooks the machines next to his bed. He _____ the alarms. Then he _____ bed and _____ the elevator. He walks five miles to his house. Turner doesn't remember anything about his walk. He _____ in the hospital and _____.

9. Complete the Dialogue

a. Cindy is talking with her boss, Ms. Ramirez, about leaving work early. Fill in the blanks with idioms from the box.

- get better
- get out of
- turn off
- get on
- get over



Ms. Ramirez, can I
(1) _____ work early
today? I'd like to go home and go to bed.

Yes sure, Cindy. What's the matter?



I can't (2) _____
this cold. I **have a headache**.*

Oh, I'm sorry. This horrible weather isn't
going to help you (3) _____.
It's snowing. Do you have a hat?



Yes, luckily.

Good. I hope you don't have to wait long
to (4) _____ the bus.
Will you (5) _____
the computers before you leave?



Sure. **So long****

* have a headache: feel pain in one's head

** so long: goodbye

recycled idiom: What's the matter?

b. Work with a partner. Role-play the dialogue together.