

1 You use *make* with the *plain infinitive* (the *infinitive* without *to*):

a talk about how you feel because of someone or something:

The film was so sad. It **made** me cry. (= I cried because of the film)

You always **make** me feel happy. (= I am happy because of you)

I had to wait an hour to see the doctor. That **made** me want to complain.

(= I wanted to complain because of the wait)

b talk about doing something because someone tells or forces you:



He **made** me sit down.



You can't **make** me eat it.



They **made** me wait for hours.



I didn't want to see the film, but they **made** me go.

2 You use *let* with the *plain infinitive*:

a to say that someone allows someone to do something:

He **let** me go home early.

Shut up and **let** me talk!

'**Let** me help you.'

When I was young, my parents never **let** me go out alone.

b to make a suggestion about doing something:

Let's go to the theatre tonight.

Let's have an ice-cream.

Let's not walk, **let's** take a taxi.

3 You use *help* with the *plain infinitive*:

Thanks for helping me clean the car, John. Your explanation **helped** me understand the problem.

You can also use *help* with the *to-infinitive*:



She **helped** me to choose a shirt.



'Thanks for **helping** me to clean the car.'

A What did your parents let you do when you were young?

Write 'They let me ...' or 'They didn't let me ...':

- go to bed after 10 p.m. _____
- eat chocolate when I wanted _____
- visit my friends' homes _____
- buy my own clothes _____
- ride my bike on the road _____
- go shopping alone _____
- travel alone _____

B Now think about school. What did your teachers make you do?

Write 'They made us ...' or 'They didn't make us ...':

- play sport _____
- wear a uniform _____
- do a lot of homework _____
- stand up when they came into the classroom _____
- sing songs _____
- read newspapers and magazines _____
- speak English _____

C Use the words below to complete the sentences by making suggestions with Let's:

have a rest go for a drink go and see it go inside do another exercise ask someone for help

- I'm thirsty. *Let's* _____
- It's very hot. _____
- There's a good film on at the cinema. _____
- I need more practice. _____
- I'm tired. _____
- We're lost. _____

D Complete the sentences by matching the two columns:

- | | |
|----------------------------|------------------------------|
| 1 The bad news | made us go inside. |
| 2 The medicine | made me happy. |
| 3 The bad food | made the cars stop. |
| 4 Meeting you last weekend | made me depressed. |
| 5 The policeman | made my father ill. |
| 6 The rain | made my brother feel better. |

E Complete the sentences by matching the two columns:

- | | |
|------------------------------------|------------------------|
| 1 A dictionary can help you | find your way. |
| 2 A map can help you | find what you want. |
| 3 These pills will help you | understand a new word. |
| 4 The shop assistant will help you | go to sleep. |