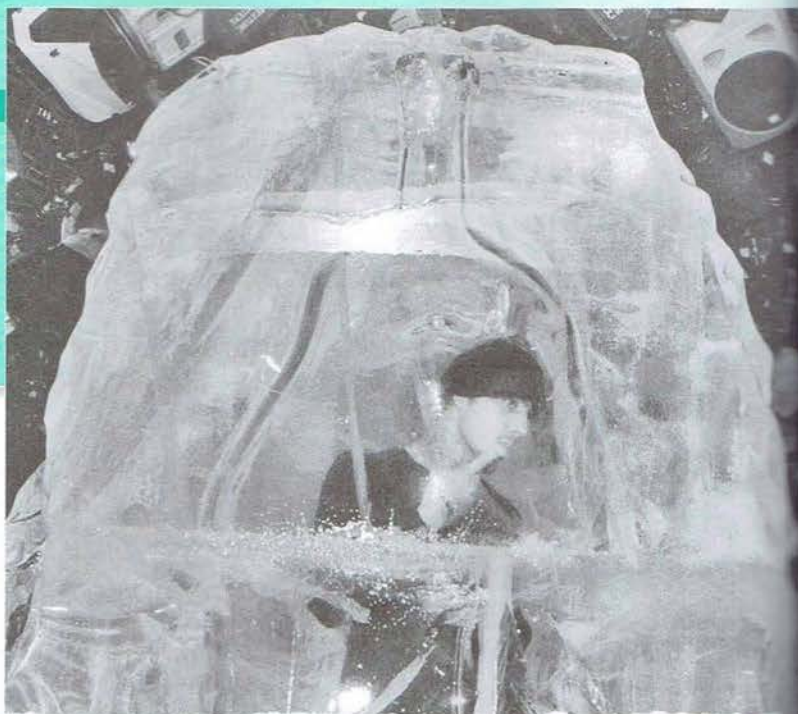


Ice Man



1. Read the story

Look at the pictures on these pages.
What is the story about? Now read it.

NEW YORK CITY, USA ¹Imagine standing inside a thick **block** of ice for three days. That's what performance artist* David Blaine did in 2000. "I felt like I had lost my **mind**," he said later.

²Blaine was **trapped** in ice in the middle of Times Square, wearing only boots, pants, a shirt, and a hat. Only two inches **separated** his body from the ice. ³He had to stay awake because if his **chest** fell against the ice, he could **freeze** to death.

⁴Air and water came through tubes**. For Blaine this was a test to see how much his body and mind could take. ⁵New Yorkers and tourists **encouraged** him to go on by holding up **signs**. ⁶After 62 hours, Blaine couldn't take it any longer. He screamed to

get out. "I thought that I had died," he said later. His companions **broke open** the ice and Blaine stepped out. It was finally **over**! Blaine **recovered** in the hospital.

⁷Blaine has done many other unusual stunts. In 1999, he was buried alive for seven days, and in 2003, he hung over London in a glass box for 44 days without food. ⁸Blaine has many fans***. "It would be a **dull** world," said one, "if people didn't **occasionally** do something **silly**."

*performance artist: a person who shows his or her talent to others in an unusual way

**tubes: long, thin plastic pipes

***fans: people who really like somebody famous

NEW WORDS

block <i>n</i>	separate <i>v</i>	encourage <i>v</i>	over <i>adv</i>	occasionally <i>adv</i>
mind <i>n</i>	chest <i>n</i>	sign <i>n</i>	recover <i>v</i>	silly <i>adj</i>
trap <i>v</i>	freeze <i>v</i>	break open <i>v</i>	dull <i>adj</i>	

>> See Glossary on page 94. >>

2. Rate the story

How much did you like it? Mark an X.



3. Check your comprehension

Correct five mistakes in the story summary.

In 2000, David Blaine stood inside a block of stone for three days in the middle of London. Food and water came through tubes. People encouraged him by holding up signs. When Blaine screamed to get out of the ice, his companions broke it open and Blaine fell out. He recovered at home. "I thought that I had died," he said later.

4. Check your vocabulary

Complete the sentences with the New Words.

- Blaine was _____ped in a thick b_____ of ice.
- If his ch_____ fell against the ice, he could fr_____ to death.
- When it was all o_____, Blaine went to the hospital to re_____.
- "It would be a d_____ world," says a fan, "if people didn't occasionally do something s_____."

5. Listen to the story track 28

Now listen to the story two or three times. Look at the pictures below as you listen.



6. Retell the story

Cover the story and look at the pictures above. Retell the story using the New Words.

7. Answer the questions

About the story...

- Where did Blaine spend three days?
- Why did he have to stay awake?
- Who encouraged him? How?
- What happened after Blaine screamed to get out?

About you...

- How long do you think you could stand in a block of ice?
- Which of Blaine's three stunts seems the scariest to you?
- Have you ever done anything really strange or silly?
- Who encourages you to try new things in life?

8. Learn word partnerships

Study the partnerships below. Complete the sentences so they are true for you.

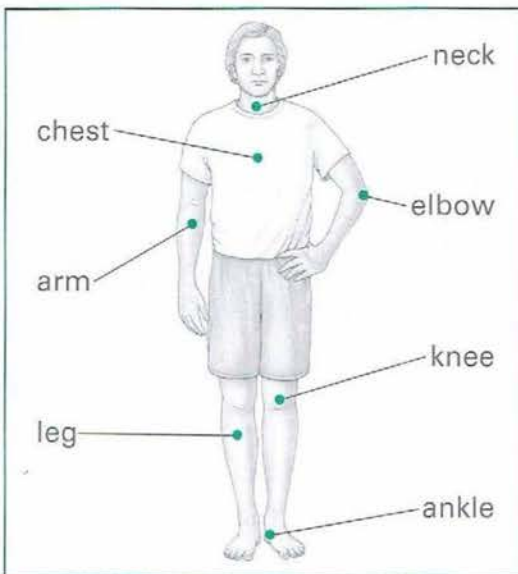
ENCOURAGE	
encourage someone to do something	Blaine's fans encouraged him to go on. <i>My mother encourages me to play the piano.</i> <i>He encouraged Alice to sing.</i>
strongly gently	encourage <i>My boss strongly encouraged me to arrive on time.</i> <i>Our teacher gently encourages us to speak English.</i>

- My English teacher encourages me to _____.
- When I was a child, _____ encouraged me _____.
- My parents strongly _____ to _____.

9. Learn word groups

Complete the sentences so they are true. Use words from the picture.

THE BODY



- The _____ is between the head and shoulders.
- The _____ is in the middle of the arm.
- The ankle and _____ are on the _____.
- I have two _____ s.

10. Take a dictation track 29

Use your own paper to write the dictation. Check your answers on page 87.

11. Complete the story

Use the words from the box to complete the story.

mind over blocks encouraged her to
recover arms freeze occasionally

Swimming in Ice

ANTARCTICA Lynne Cox has done something that is hard to believe. In 2002, she swam for 25 minutes in the Antarctic Ocean—the coldest water on earth. Cox has taught herself to push pain out of her **(1)** _____.

Wearing just a bathing suit*, she jumped from a boat and began swimming in the icy water.

The water was 0°C. (If you put your finger in this water, it burns!) With her strong

(2) _____ and legs, Cox swam through

(3) _____ of ice. Penguins** swam

beside and under her. She **(4)** _____

got confused, but her friends in a nearby boat

(5) _____ continue.

After swimming 1.6 kilometers, Cox reached the shores of Antarctica. Her swim was

(6) _____! Friends put blankets around

her and lay on top of her to make her warm. Cox

slowly began to **(7)** _____.

Cox has always liked cold-water swimming. In 1987, she was the first person to swim from Alaska to Russia. Now she is the only person who has swum in the Antarctic Ocean. Doctors are still trying to understand why she does not **(8)** _____ in water that could kill most people. Cox says the swim was painful, but “fantastic.”



* bathing suit: something people wear when they go swimming

** penguins: black and white birds that live in very cold places



Talk about the stories

Imagine that you and a partner are David Blaine and Lynne Cox. You are meeting for the first time. Tell each other about the time you've spent in ice.