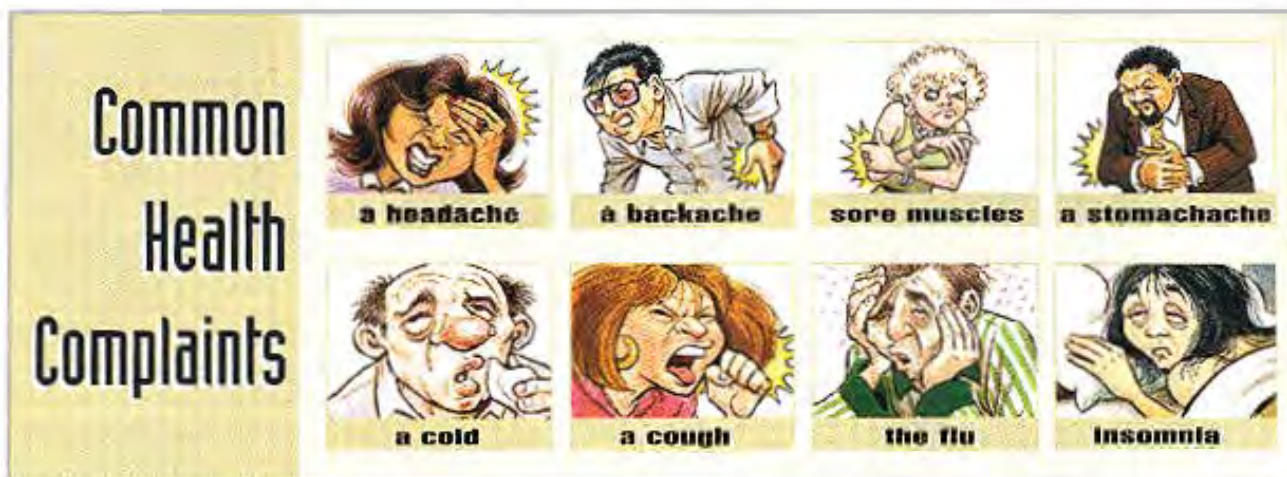


12

It really works!

1 SNAPSHOT



Source: National Center for Health Statistics

Talk about these questions.

Have you had any of these health problems recently? Which ones?

How many times have you been sick in the past year?

What do you do when you have a headache? a cold? insomnia?

2 CONVERSATION Health problems

A  Listen and practice.

Joan: Hi, Craig! How are you?

Craig: Not so good. I have a terrible cold.

Joan: Really? That's too bad! You should be at home in bed. It's really important to get a lot of rest.

Craig: Yeah, you're right.

Joan: And have you taken anything for it?

Craig: No, I haven't.

Joan: Well, it's helpful to chop up some garlic and cook it in chicken stock. Then drink a cup every half hour. It really works!

Craig: Ugh!



CLASS AUDIO ONLY

B  Listen to advice from two more of Craig's co-workers.

What do they suggest?

3 GRAMMAR FOCUS

Infinitive complements

What should you do for a cold? It's important to get a lot of rest.
 It's a good idea to take some vitamin C.
 It's useful to get some cold medicine.
 It's helpful to chop up some garlic and cook it.

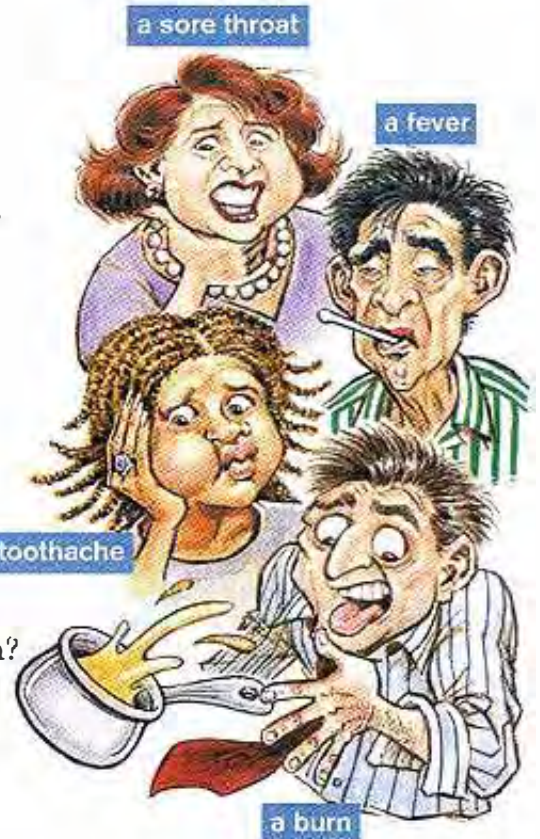
A Look at these health problems. Choose several pieces of good advice for each problem.

Problems

1. a sore throat
2. a cough
3. a backache
4. a fever
5. a toothache
6. a bad headache
7. a burn
8. the flu

Advice

- a. take some vitamin C
- b. put some ointment on it
- c. drink lots of liquids
- d. go to bed and rest
- e. put a heating pad on it
- f. put it under cold water
- g. take some aspirin
- h. get some medicine from the drugstore
- i. see the dentist
- j. see the doctor



B Group work Talk about the problems in part A and give advice. What other advice do you have for each problem?

- A: What should you do for a sore throat?
 B: It's a good idea to get some medicine from the drugstore.
 C: Yes. And it's important to drink lots of liquids.
 D: Well, I think it's useful to


C Write advice for these problems. (You will use this advice in Exercise 4.)

- a cold
- insomnia
- sore eyes
- sore muscles
- stress

For a cold, it's a good idea to



4 PRONUNCIATION *Reduced form of to*

A  Listen and practice. In conversation, **to** is usually reduced to /tə/.

- A: What should you do for a fever?
 B: It's important to take some aspirin.
 And it's a good idea to see the doctor.

B Pair work Now look back at part C of Exercise 3. Ask for and give advice about the health problems you wrote about. Pay attention to the pronunciation of **to**.

interchange 12

Talk radio

Imagine you are a talk show host. Give advice to some callers. Turn to page IC-16.

5 WHAT DID YOU DO?

A Pair work Take turns talking about these problems.

- a stomachache an insect bite a sore throat the hiccups

- A: Have you ever had a stomachache?
 B: Sure I have. Just last night, actually.
 A: What did you do?
 B: I took some antacid.

B Group work Compare with other pairs. Tell what you did for each problem.



6 WORD POWER *Containers and medicines*

A Use the words in the list to complete these expressions. Then compare with a partner.

- bottle box can package tube

1. a of ointment
2. a of aspirin
3. a of bandages
4. a of foot spray
5. a of tissues

B What is one more thing you can buy in each of the containers above?

C What common items do you have in your medicine cabinet?



7 CONVERSATION Giving suggestions



A Listen and practice.

Pharmacist: Hi. Can I help you?

Mrs. Webb: Yes, please. Could I have something for a cough?
I think I'm getting a cold.

Pharmacist: Well, I suggest a box of these cough drops. And you should get a bottle of vitamin C, too.

Mrs. Webb: Thank you. And what do you have for dry skin?

Pharmacist: Try some of this new lotion. It's very good.

Mrs. Webb: OK. Thanks a lot.

CLASS AUDIO ONLY

B Listen to the pharmacist talk to the next customer.

What does the customer want?

8 GRAMMAR FOCUS

Modal verbs can, could, may for requests; suggestions

Can/May I help you?

Can I have a box of cough drops?

Could I have something for a sore throat?

May I have a bottle of aspirin?

What do you have/suggest for dry skin?

Try some of this lotion.

I suggest some ointment.

You should get some skin cream.

Complete these conversations with the verbs *can*, *could*, *may*, *have*, *suggest*, *try*, or *should*. Then compare and practice with a partner.

- A: I help you?
B: Yes, I have something for tired eyes?
A: Sure. I a bottle of eye drops.
- A: What do you for sore muscles?
B: You try a tube of this ointment. It's excellent.
A: OK. I'll take it.
- A: I have a box of cold tablets, please?
B: Here you are.
A: And what do you for insomnia?
B: some of these sleeping pills.
A: OK. Thanks.



9 LISTENING

CLASS AUDIO ONLY

Listen to people talking about things in a drugstore. Check (✓) the items they buy.



10 ROLE PLAY Can I help you?

Student A: You are a customer in a drugstore. You need:

- something for a sunburn
- something for sore muscles
- something for a sore throat

Ask for some suggestions.

Student B: You are a pharmacist in a drugstore. A customer needs some things.

Make some suggestions.



a can of sunburn spray



a tube of muscle ointment



a bottle of throat spray

Change roles and try the role play again. Make up your own information.

11 WRITING

A Write about an interesting home or folk remedy.

I have a good home remedy for a sore throat. I learned about it from my grandmother. Cut slices of meat, put pepper on them, and then tie them around your throat with a cloth. It's also a good idea to go to bed and rest. This always works (my grandmother says!).

B Pair work Take turns reading your compositions. Which home remedy is the most interesting?

12 READING

Grandma knows best!

When you have a minor health problem, do you usually go to the doctor, get something from the drugstore, or use a home remedy?

When people have a cold, a fever, or the flu, they usually go to the doctor for help, or they get some medicine from the drugstore. But many people also use home remedies for common illnesses. Here are some simple home remedies.

Bee stings and insect bites

Wash the sting or bite. Put some meat tenderizer on a handkerchief and then put the handkerchief on the bite for half an hour. To avoid insect bites, it's helpful to eat garlic or take garlic pills.

Burns

Put the burn under cold water or put a cold handkerchief on it. It's important not to put ice on the burn.

Colds

Lots of people eat hot chicken soup when they have a cold. They find it clears the head and the nose. Some people rub oil on their chest for a cold. Other people drink a mixture of red pepper, hot water, sugar, lemon juice, and milk or vinegar.

Cough

Drink warm liquids or take some honey.

Headaches

Apply an ice pack or cold cloth to your head, or splash your face with cold water. It's also a good idea to put your hands into hot water and leave them there for several minutes. Also, you shouldn't read or watch TV.

Insomnia

Drink a large glass of warm milk. It's also a good idea to soak in a warm bath.

A Pair work Read the article. Then cover the article and complete the chart. What problems are these things good for?

Advice	Problem
1. hot chicken soup / rubbing oil on your chest
2. a warm bath / warm milk
3. garlic / meat tenderizer
4. an ice pack / putting your hands in hot water
5. cold water / cold handkerchief
6. honey / warm liquids

B Group work Do you use any of these remedies? What other home remedies do you use?

interchange 12 TALK RADIO

A Group work Look at the four questions that people called a radio program about. What advice would you give each caller? Discuss suggestions to give each caller, and then choose the best one.

Caller 1: I'm visiting the United States. I'm staying with a couple of families while I'm here. What small gifts can I get for the families I stay with?



Caller 2: My dog barks loudly all night long. The neighbors are complaining about him. What can I do?



Caller 3: My doctor says that I'm not in good shape, and I need to lose about four and a half kilos (10 pounds). I don't like exercising though. Do you have any advice?



Caller 4: My school wants to buy some new gym equipment, so we want to have a fundraiser. What are some good ways to raise money?



B Class activity Share your group's advice for each problem with the class.

useful expressions

- I think it would be useful to
- One thing you could do is
- It's a good idea to
- It's important to
- You should

Review of Units 9–12

1 WHAT WAS IT LIKE?

Group work Ask these questions around the group.

Have you ever . . . ?

been on a camping trip	gone windsurfing
gotten a famous person's autograph	been in an accident
given first aid to someone	had food poisoning
been on a blind date	kept a diary
lost your credit cards	fainted

When someone answers "Yes," he or she explains what happened, and the other students ask for more information.

- A: **Have you ever** gone windsurfing?
B: Yeah, I have. I tried it last year in Hawaii. It was really fun!
C: **What was it like?** Was it difficult?
B: Yes, it was at first. Has anyone else ever gone windsurfing?
D: . . .



2 ROLE PLAY Missing person

Student A: You are visiting an amusement park with your English class. One of your classmates is lost. You are talking to a security officer. Answer the officer's questions and describe one of your classmates. (Don't give the student's name.)

Student B: You are a security officer at an amusement park. Someone is talking to you about a lost classmate. Ask questions to complete the form. Then look around the class. Can you find the lost student?

Change roles and try the role play again.



MISSING PERSONS REPORT

Name
Age
Height
Hair
Eyes
Clothing

3 WHICH ONE IS BILL?

Pair work Look at this picture of a party. Write sentences identifying each person.



Bill is the man in the black shirt./Bill is the one sitting next to Louisa.

4 LISTENING

CLASS
AUDIO
ONLY

Listen to Jenny talking about Honolulu. What does she say about these things? Complete the chart.

What she says about	
1. size
2. weather
3. prices
4. a famous place

5 DIFFICULT SITUATIONS

A Group work What do you do in these situations? Discuss each situation using expressions from the box. Write down your ideas.

What do you do when . . . ?

1. you have an argument with a friend
2. it's 2:00 A.M. and you can't sleep
3. you feel very stressed
4. you can't remember someone's name
5. you need to study, but you can't concentrate

useful expressions

It's useful to
 It's helpful to
 It's a good idea to
 You can
 You should

1. It's a good idea to apologize right away.

B Class activity Read your group's ideas to the class.