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# Striving to achieve

# Study, work

## Study

- 1.1 What helps to keep you motivated in your studies?
  Rate the following from 1 (not important) to 5
  (extremely important).
  - A having a group of hardworking friends you can study with
  - B being able to study when and where you choose
  - C receiving a reward for your efforts
  - \_\_\_ D getting positive feedback from your teachers or tutors
  - E taking a course that offers practical work rather than simply theoretical content
- 1.2 10 Listen to two people talking about studying.
  Which of the ideas in 1.1 are they talking about?

  Speaker 1 Speaker 2



- 11.3 COLLOCATION Now listen again and read recording script 10 at the back of the book. Highlight or underline the phrases connected with study and motivation.
- All of the words in the box collocate with the word knowledge. Use a dictionary to help you complete the sentences with the correct combination. Make sure you use the correct article and preposition where necessary. There may be more than one possible answer.

broaden limited local specialist prior

- 1 Thanks to a few classes at university, I have
- 2 Since the news report, details of the business deal are now

Frror warning



Be careful with your use of articles, verbs and prepositions with the word knowledge. Look at the following examples:

You have a gap in your knowledge. NOT of your knowledge

His knowledge of classical music is amazing. NOT knowledge about / for

Visitors should acquire knowledge of the local customs. NOT get the knowledge

### Complete the table. Try to give all possible forms of the words.

Verb	Noun	Adjective	Verb	Noun	Adjective
analyse	THE PERSON OF		formulate	eritgras pemiestis	Chiermani III
		assessable	hypothesise		
conceptualise				indication	
	consistency		interpret		
contextualise		contextual			significant
		definable			theoretical
	establishment				valid

### Read the passage below and decide which paragraph (A-D) the following ideas are from.

- 1 The people who took part in the study learnt to play a new video game.
- 2 People have a greater feeling of having accomplished something at the beginning of the learning process.
- 3 Scientists have discovered that by calculating the volume of areas of the brain they can forecast how well you will carry out a set task.
- 4 The study was carried out in Illinois.
- There is growing proof that certain areas of the brain strongly affect our ability to acquire new skills.
- A It is possible to predict your performance on a video game simply by measuring the volume of specific structures in your brain, a multi-institutional team of researchers announced this week. The study, headed by Kirk Erickson, a professor of psychology, adds to the evidence that specific parts of the brain profoundly influence a person's ability to refine his or her motor skills, learn new procedures, develop useful strategies and adapt to a quickly changing environment.
- B Participants in the study were taught to play Space Fortress, a video game developed at the University of Illinois. Half of the participants were asked to focus on maximising their overall score in the game while also paying attention to the various components of the game. The other participants had to periodically shift priorities, improving their skills in one area for a period of time while also maximising their success at the other tasks. The latter approach, called 'variable priority training', encourages the kind of multitasking that is commonly required in daily life.
- C The researchers found that players who had a larger nucleus accumbens (an area of the brain) did better than their counterparts in the early stages of the training period. This makes sense, Erickson said, because the nucleus accumbens is part of the brain's reward centre, and a person's motivation for excelling at a video game includes the pleasure that results from achieving a specific goal. This sense of achievement and the emotional reward that accompanies it is likely to be highest in the earliest stages of learning, he said.
- D Players with a larger caudate nucleus and putamen (two other areas of the brain), learned more quickly and learned more over the training period. 'This study tells us a lot about how the brain works when it is trying to learn a complex task,' Erickson said at the conclusion of the research, which was conducted in Illinois. Such information might be useful in education or in treating disability or dementia.

3.2 PARAPHRASE Find words and phrases in the passage with a similar meaning to the words in italics in the ideas (1-5) in 3.1.

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## Work

# 4.1 11 Listen to a talk about employment and complete the notes using NO MORE THAN TWO WORDS for each answer.

	a graduate to get a job wi ing university will limit yo		
<ul> <li>traditiona</li> <li>new jobs a</li> <li>new categethe environ</li> <li>Study option</li> <li>no longer</li> <li>many cou</li> <li>more grade</li> </ul>	good living by taking a <sup>2</sup> _ jobs not requiring univer lso pay reasonably well, e. ories of work now, e.g. 'ch nment) – this is where ma s necessary to study for a <sup>7</sup> _ rses lead to an <sup>8</sup>	g. 4 rome-coll any 6	existwhere you can learn as you work lege to learn a 9
6 WOUND DO			Site .
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- 1 Finding the cure was a process of trial and error / give and take. We tried out many theories and failed many times before finally succeeding.
- 2 We are making a human endeavour / concerted effort to solve this problem.
- 3 It was only after several weeks of strenuous exercise / feeble attempts that I finally regained my fitness levels.
- Building the pyramids was an amazing feat of human endeavour / physical activity.
- 5 He's currently employed as a labourer, which requires far too much mental concentration / physical exertion.

ly prohibited

# Test practice

#### Speaking

#### Part 1 (4-5 minutes)

The examiner will ask you some questions about yourself, your home, work or studies, and familiar topics.

- 1 Do you like the building where you live? (Why? / Why not?)
- 2 What can you see from the windows where you live?
- 3 Are team sports popular in your country?
- 4 How important is it for children to do a team sport?
- 5 What kinds of food do people eat in your culture?
- 6 Is it a good idea for families to sit down to eat together? (Why? / Why not?)
- 7 Is there anything expensive that you would like to buy? (What is it?)
- 8 Does owning expensive things make people happy? (Why? / Why not?)

#### Part 2 (3-4 minutes)

The examiner will give you a topic like the one on the right and ask you to talk about it for one to two minutes. Before you talk, you have one minute to think about what you are going to say. The examiner will give you some paper and a pencil so you can make notes if you want to.



### Test tip

Remember to give long answers to the questions. Include opinions, reasons and examples to extend your answer. You can also talk about different situations in your country or in other cultures.

Describe a school you attended.

You should say:

- what you learned there
- how long you studied there
- what the teachers were like

and explain whether you enjoyed studying there.

#### Part 3 (4-5 minutes)

The examiner will ask some more general questions which follow on from the topic in Part 2.

- 1 Can you identify what makes a good student?
- 2 Would you agree that subjects like science and maths are more difficult than art and literature?
- 3 What social skills do children learn at school?
- 4 Is there too much emphasis on academic study at school?
- 5 Do tests and exams help students to learn information?
- 6 Can you evaluate the importance of compulsory state education?
- 7 Should governments encourage students to take certain subjects at university?
- 8 Can you speculate on the challenges that universities will face in the future?