

VI17

PATIENCE AND NERVOUSNESS



BEGINNER

On edge -----nervous , anxious, ill at ease(nervously uncomfortable)

è I was on edge backpacking to Africa.

è I felt quite ill at ease while climbing at the peak of the Mt. Everest.

Hold one's horses –to be patient, to keep one's shirt on

è Hold your horses I'm not ready to go yet.

è Ernie was do eager to ride the roller coaster that his dad had tell him to keep his shirt on.

Activity 1 Pronunciation Guide

Activity 2 Picture Story

PATIENCE AND NERVOUSNESS

INTERMEDIATE

PATIENCE

1. The capacity, quality, or fact of being patient.
- 2.

SYNONYMS 1. *patience* - *Patience* emphasizes calmness, self-control, and the willingness or ability to tolerate delay:

EXAMPLE *Our patience will achieve more than our force*

EXAMPLE 2. *long-suffering* - long and patient endurance, as of wrong or provocation.
The general, a man not known for docility and long-suffering, flew into a rage

EXAMPLE 3. *resignation* - acceptance of or submission to something trying, as out of despair or necessity

I undertook the job with an air of resignation

EXAMPLE 4. *forbearance* - restraint, as in retaliating, demanding what is due, or voicing disapproval

"It is the mutual duty of all to practice Christian forbearance, love, and charity towards each other"

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Activity 1 Pronunciation Guide

Activity 2 Let's Talk the word "Patience"

PATIENCE AND NERVOUSNESS

ADVANCED

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Take one's own sweet time---to do at one's own pace, drag one's heels.

è My children always drag their heels getting ready for bed at night.

è The shopper stood impatiently while the clerk took his own sweet time to count the money.

Jump the gun ---- to move or act impatiently before the correct or proper time.

èThe politician jumped the gun when she claimed victory.

èHis fiancé jumped the gun when she announced about their wedding.

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On pins and needles—anxious without anticipation

Usage note: this is always used with the verb wait

è The children were on pins and needles waiting for the Christmas gifts from Santa Claus.

èRob waited on pins and needles for their first baby in the delivery room.

Be wounded up --- to be tense, to be nervous

Usage note: other verb such as fell and seem and adverbs like all and so are often used.

èWhy do you seem to wound up? Sit back and relax, willl you?

èKevin was all wound up before his turn for the audition.

Activity 1 Make sentences telling something about yourself.
Activity 2 Patience Test: True or False

1. Even in the most trying of office meetings, I am able to keep a cool head.
2. I never raise my voice to make a point.
3. I don't believe in using physical force and have never as much as slightly shoved someone to make a point.
4. A colleague of yours is constantly bragging about his great car, and everybody is sick of it. You would go up to him and politely tell him that he is getting in over his head.
5. Your niece is throwing a temper tantrum at a toy store. Instead of getting all hassled about it, you pick her up and tell her to behave nicely.