

Lesson 7: Nurture Your Child's Self-Confidence



Vocabulary Practice:

<p>Nurture - to feed and care for a child, or to help someone or something develop by encouraging that person or thing.</p>	<p><i>As a record company director, his job is to nurture young talent.</i></p>
<p>Confidence - a feeling of having little doubt about yourself and your abilities, or a feeling of trust in someone or something.</p>	<p><i>Her colleagues lost confidence in her.</i></p>
<p>Festival - an organized set of special events, such as musical performances or plays, usually happening in one place, or a special day or period, usually in memory of a religious event, with its own social activities, food, or ceremonies.</p>	<p><i>There is a popular music festival here every summer.</i></p>

Dialogue Reading:

I want to Dance and Sing

Annie: Mommy, can I tell you something?

Mom: Sure honey. What is it?

Annie: There is an upcoming festival at school. I want to perform in the school festival with my classmates.

Mom: Oh! That would be great, Annie! I am happy to hear that.

Annie: Yes mom, my teacher told me to join and I told her I would ask permission from you first.

Mom: You know that of course I agree. It will be great to see you perform on the stage.

Annie: You know, mommy, I really want to sing and dance. I feel like I'm flying whenever I sing and dance.

Mom: Haha! You are so cute, Annie. When are you going to start practicing?

Annie: My teacher will tell us when we're going to start practicing.

Mom: I see. Whenever you start practicing tell me because I want to see your progress, honey.

Annie: Sure, mommy! I will do my best to perform very well and make you proud of me.

Mom: That's my girl!

Exercise:

Answer the following:

1. What does it mean to nurture?
 - a. to shower with love
 - b. to help someone or something develop by encouraging that person or thing.
 - c. to give something to eat
2. What is confidence?
 - a. a feeling of anger or frustration
 - b. an awareness to take care of oneself
 - c. a feeling of trust in someone or something.
3. What is festival?
 - a. an organized set of special events
 - b. a personal party with close friends and relatives
 - c. a large meal shared with family
4. What are the advantages and disadvantages of a confident child?
5. Is your child confident? Why or why not?