

## Lesson 5: Teach your Child Cause and Effect



Vocabulary

Practice:

<p><b>Cause</b> - reason for doing or feeling something.</p>	<p><i>He had just cause to feel disturbed by these events.</i></p>
<p><b>Effect</b>- the result of a particular influence; something that happens because of something else.</p>	<p><i>The medicine had the effect of making me sleepy.</i></p>
<p><b>Conscience</b> - the feeling that you know and should do what is right and should avoid doing what is wrong, and that makes you feel guilty when you have done something you know is wrong.</p>	<p><i>I have a guilty conscience for spending so little time with my kids.</i></p>

**Dialogue Reading:**

*Conscience will hunt you*

**Ann:** Mom, why is it bad to lie?

**Mom:** Good question dear. You know there are a lot of reasons why we lie and it can have some very bad consequences.

**Ann:** Like what and why mom?

**Mom:** Many people lie, dear, because they want to stay safe, others just want to get something out of being dishonest.

**Ann:** That's it?

**Mom:** The main cause of lying, dear, is that we are afraid of the truth. We tend to lie because we might be scolded if we did something bad.

**Ann:** Oh, I see. I understand there are reasons why we'd do that.

**Mom:** Yes, there are reasons for that. But, as you know, the effects of lying are also bad.

**Ann:** Why?

**Mom:** Because you won't feel comfortable. You will keep thinking about the lies you told. Sometimes you can't sleep because you are afraid that the truth will come out.

**Ann:** That is scary! You mean our conscience will haunt us?

**Mom:** Exactly! You nailed it, Ann.

**Exercise:**

*Answer the following:*

1. What is a cause?
  - a. a thing that you will do in advance
  - b. showing a characteristic
  - c. a reason for doing or feeling something
2. What is an effect?
  - a. a harmful situation
  - b. something that happens because of something else
  - c. something that will make you feel bad
3. What is a conscience?
  - a. a person who studies emotions
  - b. the reason why parents worry when their children are out late
  - c. a part of you that feels guilty when you have done something wrong
4. Why should we teach the cause and effect of things to our children?
5. What are the advantages and disadvantages of this?