

## Lesson 5: Parental Mental Illness



### Vocabulary Practice:

<p><b>Mental</b> - of or about the mind, or involving the process of thinking.</p>	<p><i>Stress can affect both your physical and mental health.</i></p>
<p><b>Illness</b> - a condition in which the body or mind is harmed because an organ or part is unable to work as it usually does; a disease or sickness.</p>	<p><i>She suffers from mild mental illness</i></p>
<p><b>Crazy</b> - also mean behaving in a strange way esp. because of stress, as if you are mentally ill.</p>	<p><i>I think she'll go (= become) crazy if she doesn't take a vacation soon.</i></p>

**Dialogue Reading:**

*Do you have a problem?*

**Banj:** Hey! Abby what's wrong with you? Do you have a problem?

**Abby:** Huh?! Why?

**Banj:** You seemed to be so lost these days. Is there a problem?

**Abby:** No! I don't have any problem, why do you ask?

**Banj:** Why do I ask? Because you are talking to yourself!

**Abby:** Really?! I am not talking to myself. Why do you think I'm crazy?

**Banj:** Ohhhh, that's scary! I saw you talking to yourself.

**Abby:** Do you really think I am crazy?!!!

**Banj:** Whoa, whoa, whoa! Don't be mad, I was just curious because you I heard you talking while you were alone.

**Abby:** Stop asking me about that, because I'm not! Ok?!

**Banj:** Ok. I'm sorry! Shall we eat lunch now?

**Abby:** I don't want to eat lunch! You go ahead.

**Exercise:**

*Answer the following:*

1. What is mental?
  - a. involving the physical state of the brain
  - b. involving the process of thinking
  - c. involving one's emotions
2. What is illness?
  - a. feeling tired due to bad diet
  - b. a disease or sickness
  - c. a condition where the body is harmed due to a collision or wound
3. What is crazy?
  - a. laughing hysterically due to hearing or seeing something amusing.
  - b. having a clear presence of mind
  - c. behaving in a strange way
4. What do you think will happen to a child if his/her parents suffer from a mental illness?
5. Have you had any experience with mental illnesses or know someone who has?