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## **Lesson 2**: Family Stress



### Vocabulary Practice:

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To get on someone's nerves (idiom) - to annoy someone a lot.  Apart - separated by a distance.	Stop whining. You're getting on my nerves.  We both travel a lot, but when we're apart we keep in touch by phone.
Difficult - not easy or simple; hard to do or to understand.	It's a difficult choice, but I've got to decide which job is better.

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#### Dialogue Reading:

I need to take a break!

*Marie*: I'm so tired of this family! It always gets on my nerves when dad and

mom about what they should do to make our family better.

**Jo**: Relax! You aren't the one who's in that situation.

*Marie*: What do you mean?!

**Jo**: I mean you aren't carrying the whole world on your shoulders.

**Marie**: Do you know how it feels being torn apart by your parents?

Jo: Why? Are they fighting over you?

Marie: No! But it does sort of feels like that. I they are constantly nagging

each other.

**Jo**: Then I think you have to tell your parents that.

*Marie*: That's the problem! They won't listen to me.

**Jo**: Oh! That really is a problem.

*Marie*: I really don't know what to do. I am so stressed out about my family.

**Jo**: I feel you. It must be hard for you to have to think about it and

decide what to do.

*Marie*: I can't take it anymore. My parents can't go a day without fighting!

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#### **Exercise:**

#### Answer the following:

- 1. What does it mean to get one someone's nerves?
  - a. to be very patient with someone
  - b. to annoy someone a lot
  - c. to be impatient
- 2. What is apart?
  - a. separated by a distance
  - b. a far place that you can stay
  - c. placed close together
- 3. What is difficult?
  - a. something that you can do right away
  - b. something hard to do or to understand
  - c. something that no one is able to do
- 4. Why do we sometimes feel stressed when it comes to our family?
- 5. How do you handle stress in your family?