

Breathe/ Breath Idioms Lesson 14 - Beginners



hold one`s breath

- stop breathing for a moment, stop doing something and wait until something happens
I held my breath and waited to see if my name had been called for an interview with the movie company.

huff and puff

- breathe very hard
I was huffing and puffing when I reached the top of the stairs.

(all) in one breath

- something spoken rapidly without stopping to breathe
I told my friend all in one breath what had happened at the party.
