

ESP (English speaking Practice) –ADVANCED-HAPPINESS



HAPPINESS

Discussion

Basic questions

1 Are you a happy person?

**Yes, I am. / No, I'm not.*

2 What are the things which can make you happy?

**The things which can make me happy are...*

3 Look at these reasons for happiness. Rank them in order from 1-6 (1 = the most important)

- Friends and family
- Money
- Being married
- Being attractive
- Intelligence
- Not wanting more than you've got

4 How do you define happiness?

**Happiness is...*

5 Can you make your neighbors happy? In what way?

**Yes, I think I can make them happy by...*

Extended questions



1 How can people attain world happiness?

**People can attain world happiness through...*

2 Do you consider yourself an instrument of making others happy?

**Yes, I do. / No, I don't.*

3 Can money buy happiness?

**Yes, I think... / No, I don't think...*

4 Can you be happy if you are poor?

**Yes, I can be happy. / No, I can't be happy.*

5 Is happiness a goal in your life?

**Yes, it is. / No, it isn't.*

Vocabulary

 1 **Exaltation** / ˌɛɡˌzɑːlˈteɪʃən/

A. [noncount. Noun] The act of raising someone or something in importance: the act of exalting someone or something or the state of being exalted.

Ex. The exaltation of the army as a place for brotherhood.

B. A strong sense of happiness, power, or importance

Ex. She beams with exaltation.

2 **Ecstatic** /ɛkˈstætɪk/

[adjective] Very happy or excited: feeling or showing ecstasy

Ex. He was ecstatic when he heard that he was going to be a father.

3 **Exult** /ɪgˈzʌlt/

[verb] A. [no object] to feel or show great happiness - often + at, in, or over

Ex. The team exulted in their victory.

B. [+ object] to say (something) in a very excited and happy way

Ex. "That was the best meal I've ever had!" he exulted.

- 4 **Jubilant** / ˈdʒuːbələnt/
[adjective] Feeling or expressing great joy; very happy
Ex. The jubilant winners of the competition.
- 5 **Rapture** / ˈræptʃə/
[plural: raptures] (Literary + formal) A state or feeling of great happiness, pleasure, or love
*[noncount.] Ex. We listened with rapture as the orchestra played.
[count.: usually plural] Ex. This dessert will send people who like chocolate into raptures [=This dessert will be loved by people who like chocolate.]*

Idioms / Useful Expressions



- 1 **In seventh heaven** - in a very happy state
Ex. Real happiness is when you work for it. I'm sure you'll be in seventh heaven when you get your first salary and buy a car.
- 2 **Tickled pink** - very much pleased and entertained
Ex. I suggest picking some flowers for your girlfriend. I'm sure she'll be tickled pink and she won't refuse your proposal.
- 3 **On cloud nine** - very happy, cheerful
Ex. I was afraid of the history exam, and when I managed to pass it, I was on cloud nine, I invited all my friends to a drink in a local pub.
- 4 **Buzzing** - excited for something that's going to happen
Ex. I'm buzzing for the holidays. Imagine, we're going on a surfing trip in California.
- 5 **Jump for joy** - very happy about something
Ex. She was jumping for joy when she discovered she had passed the board examinations.