



CHANGES

Discussion

Basic questions

1 How often do you change your hairstyle?

**I change my hairstyle every...*

2 Do you like to rearrange your room or living-room?

**Yes, I do... / No, I don't...*

3 Have you ever decided to change the way you dress? If so, why?

**Yes, because... / No, because...*

4 Are you someone who likes changes?

**Yes, I am... / No, I'm not...*

5 What is one thing you have tried to change, but couldn't?

**The thing that I've tried to change is...*

6 What is one thing that you think you will never change about yourself?

**One thing that I'll never change about myself is...*

Extended questions

1 What is the most positive change you have experienced in your life?

**The most positive change I've experienced in my life is...*

2 If you could change anything in your life, what would it be?

**If I could change anything in my life, it would be...*

3 What is the biggest change most people experience in their lives?

**The biggest change most people experience in their lives is...*

4 How do you think about a person who changes job very often?

**I think a person who changes job very often is...*

Vocabulary

- 1 **adapt /ə'dæpt/**
[verb] to change something to suit different conditions or uses
Ex. We had to adapt our plans to fit Jack's timetable.
- 2 **adjust /ə'dʒʌst/**
[verb] to change something slightly, especially to make it more correct, effective, or suitable
Ex. As a teacher you have to adjust your methods to suit the needs of slower children.
- 3 **alter /'ɔ:ltə/**
[verb] to become different; to make somebody/something different
Ex. Prices did not alter significantly during 2014.
- 4 **renovation /,renou'veiʃn/**
[noun] the act or process of repairing and improving something (an old building, piece of furniture, etc.) so that it is in good condition again.
Ex. The museum is closed for renovation.
- 5 **switch /switʃ/**
[verb] to change suddenly or completely, especially from one thing to another, or to exchange by replacing one person or thing with another
Ex. She started studying English at college, but switched to Business Studies in her second year.

Grammar/ Useful Expressions

- 1 The verbs become, get, go, come, grow and turn are all used to talk about changes. (+ adjectives)
Ex. It is becoming very dark.
It is getting very dark. (Less formal than 'It is becoming very dark.')
The meat has gone bad.
Leaves turn brown in autumn.
When you grow old, you will realize the value of time.

2 Turning point : the time when an important change takes place, usually with the result that a situation improves.

Ex. ASH, the anti-smoking group, called the new regulations a turning point in the campaign against smoking.

3 a change for the better / a change for the worse
-A positive change is referred to as a change for the better; whereas a negative change is a change for the worse.

Ex. Are the changes to Google's privacy policy a change for the better?

Idioms

1 “a change of heart” - if someone has a change of heart, they change their opinion or the way they feel about something

Ex. She was going to sell the house but had a change of heart at the last minute.

2 “A leopard can't/doesn't change its spots” - something that you say which means that a person's character, especially if it is bad, will not change, even if they pretend it has

Ex. I doubt very much that marriage will change Chris for the better. A leopard doesn't change its spots.

3 “shake things up (have a shake-up)” - to change things a lot

Ex. The government is having a shake-up of their education policies.

4 “ring the changes” - to make something more interesting by changing it in some way

Ex. Bored with your old look? Ring the changes with our new hairstyles and make-up!

5 “out with the old and in with the new” - It means to replace old things or old people with new things or new people.

Ex. Firing the company's management marked a new beginning. Out with the old and in with new.