

## Unit 7. 朝起きる **Getting up**



Is getting up early in the morning hard to do? The first thing we always do early in the morning is to wake up and get up from the bed. All of us has our own routine when we wake up. We prepare ourselves to do the things for that day and we go back to our own bed at the end of the day.

### **Let's learn together**

#### Useful Expressions

The clock is five minutes behind.

shave

What date is it today?

make up

wake up

rub cream on my face

sound sleep.

change clothes

turn on the air conditioner.

put on a tie

wash my face

get dressed up

tap water

everyday clothes

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short sleeve

underwear/ undershirt

zipper

newspaper /headline/ sport  
/section/ leaflet

inside out

### **Let's Practice**

#### **Answer the following questions:**

1. What time do you get up?
2. What time do eat your breakfast?
3. What will you do next after your morning routine?

#### **Describe the pictures.**



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