

1. **Lesson1. For Teachers:** Please have the students read the sentences one at a time and correct their pronunciation of each sentence then have them repeat after you. Wait until after they read the sentence (use the number in place of the missing word) to have the students choose the correct answer to fill in the blank. When the students finish the article, move on to the further questions.

2[B] – A Therapeutic Controversy



G1 14-1

2. Does mental illness lie in the mind or in the brain? This distinction has resulted in two very different paradigms for mental-health treatment. Proponents of psychoanalysis who fall into the “mind” camp, assert that past experiences and life events are what determine one’s mental state and remote talk therapy to effect behavioral change. Biopsychiatry, on the other hand, attributes mental illness to chemical imbalances in the brain, and purports to correct them with medication. It was largely the psychoanalysts who held sway from the first three-quarters of the twentieth century. In recent years, less consideration has been given to (29). In the 1950s, with the discovery that certain mental disorders, such as schizophrenia, were relieved by specific drugs, biopsychiatry began gaining ground, and pharmacological treatment has become the prevailing method of treating mental illness.

3. **Further Questions** *Ask student to answer the question on their own at first. If the student can’t answer correctly, have him look at the last page and read the “example answer” for the question. Have the student try to memorize the answer, if it’s too long or difficult, you should divide the sentence into 2 or 3 parts to make it easier to remember. Once they have memorized the answer, the teacher should ask the question one last time so that the student can practice answering. Also if you find any mistakes, please mark the page and let me know ASAP.

4. **1) What do proponents of psychoanalysis assert determine one’s mental state?**
They assert that past experiences and life events are what determines one’s mental state.

5. **2) What was discovered in the 1950s?**

6. *Certain illnesses, such as schizophrenia, were relieved by specific drugs.*

Biopsychiatry has obvious benefits—psychiatric drugs have saved innumerable patients from institutionalization and allowed people to function smoothly in society. Many mental-health professionals, however, believe relying on medication alone (30). Psychiatrist David Kaiser acknowledges the significant palliative effect that psychiatric drugs can have, but notes that, in the case of depression for instance, “once medications lessen the symptoms, I am still sitting across from a suffering patient who wants to talk about his unhappiness.” Psychologist Alvin Pam notes that while “biological factors enter into all behavior including symptoms,” in the vast majority of cases a patient’s behavior is not biologically driven.

7. Further Questions



8. **3) What have been the benefits of biopsychiatry?**
Psychiatric drugs have saved innumerable patients from institutionalization and allowed people to function smoothly in society.
10. **4) What does David Kaiser says happens in the case of depression?**

11. *Once medications lessen the symptoms, he is still sitting across from a suffering patient who wants to talk about his unhappiness.*

5) What does Alvin Pam say about patient's behavior?

12. *While biological factors enter into all behavior, including symptoms, in the vast majority of cases a patient's behavior is not biologically driven.*

13. The consensus among most professionals today is that psychiatric drugs and psychoanalytic approaches should be used in conjunction. Nonetheless, the role of the pharmaceutical industry in biopsychiatry is (**31**). In 1917, just 59 diagnosable mental disorders were recognized by the American Psychiatric Association: there are now almost 400, including "Internet addiction" and "gambling disorder." In spite of the facts that biological causes for many disorders have yet to be identified, vast numbers of drugs are being prescribed to treat such hard-to-quantify conditions. In fact, psychiatric drugs accounted for \$14.6 billion in profits in the United States alone in 2012. Some commentators allege the increase in diagnoses has been economically driven, further fueling the biopsychiatry debate.

14. Further Questions

15. **6) What is the consensus among professionals today?**

16. *The consensus among most professionals today is that psychiatric drugs and psychoanalytic approaches should be used in conjunction.*

17. **7) How many mental disorders are recognized by the American Psychiatric Association?**

18. *There are now almost 400, including "Internet addiction" and "gambling disorder."*

19. **8) What do some commentators allege the increase in diagnoses are due to?**

20. *Some commentators allege the increase in diagnoses has been economically driven.*

21. *Choose the correct answer from these choices.

22. **(29)** 1 mental illness in general

23. **2** the advantage of medication

24. **3** environmental and sociological influences

25. **4** the role of genetics

26. **(30)** 1 leaves root causes unaddressed

27. **2** is unique to psychiatry

28. **3** could lead to side effects

29. **4** is clearly a safer approach

30. **(31)** 1 now considered in a positive light

31. **2** being called into question

32. **3** smaller than people realize

33. **4** deserving of more credit

35. **1) What do proponents of psychoanalysis assert determine one’s mental state?**
They assert that past experiences and life events are what determines one’s mental state.
36. **2) What was discovered in the 1950s?**
Certain illnesses, such as schizophrenia, were relieved by specific drugs.
37. **3) What have been the benefits of biopsychiatry?**
Psychiatric drugs have saved innumerable patients from institutionalization and allowed people to function smoothly in society.
38. **4) What does David Kaiser says happens in the case of depression?**
Once medications lessen the symptoms, he is still sitting across from a suffering patient who wants to talk about his unhappiness.
39. **5) What does Alvin Pam say about patient’s behavior?**
While biological factors enter into all behavior, including symptoms, in the vast majority of cases a patient’s behavior is not biologically driven.
40. **6) What is the consensus among professionals today?**
The consensus among most professionals today is that psychiatric drugs and psychoanalytic approaches should be used in conjunction.
41. **7) How many mental disorders are recognized by the American Psychiatric Association?**
42. *There are now almost 400, including “Internet addiction” and “gambling disorder.”*
43. **8) What do some commentators allege the increase in diagnoses are due to?**
44. *Some commentators allege the increase in diagnoses has been economically driven.*

解答: (29) 3 (30) 1 (31) 2