

For Teachers: Please have the students read the sentences one at a time and correct their pronunciation of each sentence then have them repeat after you. Wait until after they read the sentence (use the number in place of the missing word) to have the students choose the correct answer to fill in the blank. When the students finish the article, move on to the further questions.

日本語訳なしタイプ B もございます。スクロールダウンするとございますので好きな方をご利用下さい。

2[B] – E-therapy



AP1E 12-2

1. Ever since Sigmund Freud developed psychoanalysis as a treatment for mental illness, psychological therapy has most often involved (29) between patient and therapist. Although therapists have made adaptations to Freud's ideas as their understanding of mental-health issues has improved, nearly all discussions with patients and analyses of their problems have still occurred inside their therapist's office.

*Choose the correct answer to fill in the blank from these choices.

2. (29) 1 the sharing of responsibility 2 some degree of conflict
3. 3 face-to-face interaction 4 a physical barrier

Further Questions & A

*Ask student to answer the question on their own at first. If the student can't answer correctly, have him look at the last page and read the "example answer" for the question. Have the student try to memorize the answer, if it's too long or difficult, you should divide the sentence into 2 or 3 parts to make it easier to remember. Once they have memorized the answer, the teacher should ask the question one last time so that the student can practice answering. Also if you find any mistakes, please mark the page and let me know ASAP.

4. 1) Who developed psychoanalysis and why?
だれが、なぜ精神分析学を樹立したのですか。
6. 2) Where do discussions and analyses of patients occur?
かんじか 者についての議論や分析は、どこで起きていますか。

8. 1) *Sigmund Freud developed psychoanalysis as a treatment for mental illness.*
9. 2) *Nearly all discussions with patients and analyses of their problems have still occurred inside their therapist's office.*

10. With the increased availability of the Internet, a new variation of mental-health counseling known as "e-therapy" has emerged. In e-therapy, patient and therapist use online communication methods such as e-mail and instant messaging to communicate at a distance. Many people say this results in better outcomes than traditional counseling. (30), patients tend to undergo counseling more regularly, since online sessions can be conducted almost anywhere and are often less expensive than in-office therapy. What is more, the relative anonymous nature of the e-therapy relationship seems to help patients communicate more freely, allowing for deeper discussion.

*Choose the correct answer to fill in the blank from these choices.

11. (30) 1 For one thing 2 Nonetheless
12. 3 In contrast 4 Otherwise

32.8) *No. Despite these issues, e-therapy seems likely to become a significant component of mental healthcare in the future.*

Review Questions



33.1) Who developed psychoanalysis and why?

34. *Sigmund Freud developed psychoanalysis as a treatment for mental illness.*

35.2) Where do discussions and analyses of patients occur?

36. *Nearly all discussions with patients and analyses of their problems have still occurred inside their therapist's office.*

37.3) In e-therapy, how do patient and therapist communicate?

38. *Patient and therapist use online communication methods such as e-mail and instant messaging to communicate.*

39.4) Why do people say e-therapy results in better outcomes than traditional counseling?

40. *Patients tend to undergo counseling more regularly, since online sessions can be conducted almost anywhere.*

41.5) What helps patients communicate more freely?

42. *The relative anonymous nature of the e-therapy relationship seems to help patients communicate more freely.*

43.6) What is one concern about e-therapy?

44. *One concern is that it can be difficult to determine whether an online counselor is a licensed therapist.*

45.7) What do therapists traditionally rely on to confirm that a patient's responses are truthful?

46. *Therapists traditionally rely on visual and auditory clues, such as facial expressions and tone of voice.*

47.8) Will these issues prevent e-therapy from becoming important in the future?

48. *No. Despite these issues, e-therapy seems likely to become a significant component of mental healthcare in the future.*

解答: (29) 3 (30) 1 (31) 2



Type B 日本語訳なし

2[B] – E-therapy



AP1E 12-2

49. Ever since Sigmund Freud developed psychoanalysis as a treatment for mental illness, psychological therapy has most often involved (29) between patient and therapist. Although therapists have made adaptations to Freud's ideas as their understanding of mental-health issues has improved, nearly all discussions with patients and analyses of their problems have still occurred inside their therapist's office.

**Choose the correct answer to fill in the blank from these choices.*

50. (29) 1 the sharing of responsibility 2 some degree of conflict
51. 3 face-to-face interaction 4 a physical barrier

Further Questions&A

*Ask student to answer the question on their own at first. If the student can't answer correctly, have him look at the last page and read the "example answer" for the question. Have the student try to memorize the answer, if it's too long or difficult, you should divide the sentence into 2 or 3 parts to make it easier to remember. Once they have memorized the answer, the teacher should ask the question one last time so that the student can practice answering. Also if you find any mistakes, please mark the page and let me know ASAP.

52. 1) Who developed psychoanalysis and why?
53. 2) Where do discussions and analyses of patients occur?

54. With the increased availability of the Internet, a new variation of mental-health counseling known as "e-therapy" has emerged. In e-therapy, patient and therapist use online communication methods such as e-mail and instant messaging to communicate at a distance. Many people say this results in better outcomes than traditional counseling. (30), patients tend to undergo counseling more regularly, since online sessions can be conducted almost anywhere and are often less expensive than in-office therapy. What is more, the relative anonymous nature of the e-therapy relationship seems to help patients communicate more freely, allowing for deeper discussion.

**Choose the correct answer to fill in the blank from these choices.*

55. (30) 1 For one thing 2 Nonetheless
56. 3 In contrast 4 Otherwise

Further Questions&A



57. 3) In e-therapy, how do patient and therapist communicate?
58. 4) Why do people say e-therapy results in better outcomes than traditional counseling?
59. 5) What helps patients communicate more freely?

60. There are also drawbacks to e-therapy. One concern is that it can be difficult to determine whether an online counselor is a licensed therapist. Even when the therapist's qualifications are legitimate, online treatment presents new challenges. Therapists traditionally rely on visual and auditory clues, such as facial expressions and tone of voice, to confirm that a patient's responses are truthful. In some forms of online counseling, such as by e-mail, these clues are

impossible to detect. E-therapists must therefore use other methods to (31) the patient. Despite these issues, however, e-therapy seems likely to become a significant component of mental healthcare in the future.

*Choose the correct answer to fill in the blank from these choices.

- 61.(31) 1 protect the privacy of 2 gain an understanding of
3 communicate their opinion to 4 prove their worth to

Further Questions&A



- 62.6) What is one concern about e-therapy?
63.7) What do therapists traditionally rely on to confirm that a patient's responses are truthful?
64.8) Will these issues prevent e-therapy from becoming important in the future?

65.解答: (29) 3 (30) 1 (31) 2

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