

Lesson7 Grade1 Writing session 英検 1 級レベル ライティング(英作文)

Your name or ID: _____ Date _____ Teacher: _____

TOPIC Scientists tell us that some activities are good for health and others are bad. Despite knowing that, millions of people still continue doing unhealthy activities. What are the causes and what are the solutions for this?

Please refer this sample answer when you make an answer, then write your answer below.

Sample answer: 答えを作る時の参考にして下さい。

There are many reasons why people do not engage in activities that are more healthy for them and others that are bad. A lot of it comes down to it simply being more comfortable and pleasurable in the short term to engage in unhealthy activities. Exercise is probably the most common healthy activity that doctors suggest. While some people make it part of their routine, for those who it is not part of their daily routine, it is difficult to start. First, one needs to put aside a special time and place in which they can exercise without disturbing others. And once you are doing it, you are going to sweat a lot which means you need special clothing aside from your daily attire. It can also be quite painful, especially if you haven't exercised for a long time, not just in the moment but for as much as an hour or two afterwards. One can compare that to an activity such as watching television and eating snacks, which can be done at any time without any special preparation in your daily clothing. It is simply more comfortable and relaxing and won't cause any immediate pain. It is quite clear why people would engage in unhealthy activities and avoid the healthy ones. The only solution for this is to remove as many of the barriers that exist for people that prevent it from being as easy to exercise as it is to watch TV. If there were places people could do exercise that were easy to get to, more people would do it.

263words

*Please write your Answer below and step by step with eTOC teachers

※全てを 25 分程度で書けるように時計を見ながら練習しましょう。配点は全体の 25%

※短縮形は使わないでください。Please don't use contraction. I can't×, I can not◎ / I don't×, I do not◎

以下のガイドに従って文を記入しましょう。Yes, No / I agree, disagree など、自分の意見をはっきりさせた上で考えや予想を書く事をお勧めします。(Total:200-240words)

Follow 5 steps to complete your answer about the topic.

Step1 : Opening 序論 / 30~40words. Restate the topic and give your opinion.

Step2 : Your reason or evidence 本論と理由① 約 50~55words

54 Step3:A counterpoint 本論と理由② 約 50~55words

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64 Step4:Rebuttal to the counterpoint 本論と理由③ 約 50~55words

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74 Step5: Conclusion 結論/ TOPIC から単語を拾う。序論に少し変化を持たせる又
75 は他の単語で少し言い換えてまとめる。約 30~35words. Emphasize your idea
76 again but slightly change the expression, to be the conclusion of the whole
77 paragraph.

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86 Assignment for the student 最後に答えをもう一度書きましょう。 Not for use outside Flex English Community
87 (Please rephrase idea, First reason, Second reason, Conclusion and write your answer again)

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