

37. The issue is (31).

38. The U.S. medical establishment maintains its position, but the research fails to reach consensus.

40. The only thing scientists know for sure is that salt affects different individuals in different ways.

42. The question is whether all American should eat less salt if the health risk only extends to a small portion of the population.

*Choose the correct answer to fill in the blank from these choices.

44. (31) 1 still being debated 2 being avoided by researchers

45. 3 attracting little interest 4 now receiving more publicity

46. ☆ ㊦ Memorization **Further Questions&Sample Answers**

47. 6) What does the research fail to do?

48. *The research fails to reach consensus.*

49. 7) What is the only thing that researchers know for sure?

50. *The only thing that researchers know for sure is that salt affects different individual in different ways.*

Review Question

52. 1) What does a high intake of salt do?

53. *High salt intake increases the risk of heart disease.*

54. 2) What does the US medical establishment tried for year?

55. *U.S medical establishment has tried for years to persuade Americans to eat less salt.*

57. 3) What kind of study did the researchers in Belgium released?

58. *Researchers in Belgium have released the results of a study in which they followed 3, 681 people over an eight year period.*

60. 4) What will most likely to happen to people with low salt intake?

61. *People with the lowest salt intake were actually more likely to die for heart-disease related death.*

63. 5) What should people with high blood pressure do?

64. *People with high blood pressure should reduce salt intake.*

65. 6) What does the research fail to do?

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解答: (29) 2 (30) 1 (31) 1

日本語訳付

2[B] Salt and Health Lesson20 Pre1 Chobun dokkai eTOC 以外使用禁止 AP1E11-3

70. The U.S ^{医療 (いりょう) の} ^{組織 (そしき)} medical establishment has (29) that a ^{高 (たか) い} ^{塩 (しお)} ^{摂取 (せつしゆ)} high salt intake ^{増加 (ぞうか) させる} increases the ^{危険性 (きけんせい)} risk ^{心臓病 (しんぞうびょう)} of heart disease. It has ^{試 (こころ) みた} tried for years to ^{説得 (せつとく) させる} persuade Americans to eat ^{より少 (すく) ない} less salt, and in April 2010, a ^{最先端 (さいせんたん) の} ^{政策 (せいさく)} ^{研究 (けんきゅう)} ^{機関 (きかん)} ^{要求 (ようきゅう) した} ^{厳 (きび) しい} leading health policy research organization called for ^{規定 (きてい)} ^{管理 (かんり) する} strict ^{製造業者 (せいぞうぎょうしゃ)} regulations to control the amount of salt manufacturers can put into ^{批評家 (ひひょうか)} ^{主張 (しゅちよう) する} foods. Critics, however, claim this may be taking things too far.

*Choose the correct answer to fill in the blank from these choices.

76. (29) 1 ^{最近 (さいきん)} changed its view 2 ^{絶 (た) え間 (ま) なく} ^{主張 (しゅちよう) した} continually insisted
77. 3 ^{最近 (さいきん)} recently warned the public 4 ^{証拠 (しょうこ)} presented new evidence

☆ 多 Memorization Further Questions&Sample Answers

78. 1) What does a high intake of salt do? ^{しお こうせつしゆ なに} 塩の高摂取は何をもたらしますか。

79. High salt intake increases the risk of heart disease.

80. 2) What does the US medical establishment tried for years?

81. ^{アメリカの いりょう そしき すうねんかん なに こころ} アメリカの医療組織は数年間、何を試みてきましたか。

82. U.S medical establishment has tried for years to persuade Americans to eat less

83. salt.

84. ^{最近 (さいきん)} ^{研究者 (けんきゅうしゃ)} ^{発表 (はつびよう) した} ^{結果 (けっか)} Recently, a team of researchers in Belgium released the results of a ^{研究 (けんきゅう)} ^{追 (お) ってきた} ^{期間 (きかん)} study in which they followed 3,681 people over an eight- year period .

85. ^{発見 (はっけん) した} ^{最 (もっと) も低 (ひく) い} ^{実際 (じっさい)} They found that those with the lowest salt intake were actually ^{～し そうな} ^{死 (し) め} ^{心臓病 (しんぞうびょう) に関連 (かんれん) した} ^{死 (し)} more likely to die from heart-disease-related deaths. (30),

86. ^{科学者 (かがくしゃ)} ^{見 (み) つけた} scientists at the Albert Einstein College of Medicine in New York found ^{患者 (かんじゃ)} ^{高 (たか) い} that patients on low-salt diet had a greater risk of dying from heart disease.

87. ^{認 (みと) めた} ^{研究 (けんきゅう)} ^{限界 (げんかい)} The Belgian researchers admit their study had limitations – only ^{問題 (もんだい)} ^{補充 (ほじゅう) された} ^{同意 (どうい) する} health subjects were recruited - and agree that people with ^{高血圧 (こうけつあつ)} ^{減 (へ) らす} ^{しかしながら} ^{主張 (しゅちよう) する} high blood pressure should reduce salt intake. However, they claim their ^{発見 (はっけん)} ^{関連 (かんれん)} ^{摂取 (せつしゆ)} findings show there is no link between high salt consumption and ^{増加 (ぞうか) した} ^{健康 (けんこう) な} increased risk of heart disease in healthy people.

*Choose the correct answer to fill in the blank from these choices.

95. (30) 1 ^{同様 (どうよう) に} Similarity 2 ^{にも関 (かか) わらず} Nevertheless
96. 3 ^{結果 (けっか) として} Of course 4 ^{結果 (けっか) として} As a result

97. ☆彡 Memorization **Further Questions&Sample Answers**

98. **3)** What kind of study did the researchers in Belgium released?

99. ベルギーの研究者はどのような研究を公表しましたか。

100. *Researchers in Belgium have released the results of a study in which they*
101. *followed 3, 681 people over an eight year period.*

102. **4)** What will most likely to happen to people with low salt intake?

103. 塩の低摂取者にはどのようなことが起こり得ますか。

104. *People with the lowest salt intake were actually more likely to die for heart-*
105. *disease related death.*

106. **5)** What should people with high blood pressure do? 高血圧者は何をすべきですか。

107. *People with high blood pressure should reduce salt intake.*

108. The ^{問題 (もんだい)} issue is (**31**). The U.S. medical establishment ^{主張 (しゅちょう) する} maintains its

109. ^{見解 (けんかい)} position, but the research ^{失敗 (しっぱい) する} fails to reach ^{達 (たつ) する} consensus. The only ^{意見 (いけん) の一致 (いっち)}

110. ^{科学者 (かがくしゃ)} thing scientists know for sure is that salt ^{確 (たし) かに} affects ^{影響 (えいきょう) する} different individuals ^{異 (こと) なった 個人 (こじん)}

111. in different ^{方法 (ほうほう)} ways. The question is whether all American should eat less

112. salt if the health risk only ^{広 (ひろ) げる} extends to a small ^{部分 (ぶぶん)} portion of the ^{人口 (じんこう)} population.

*Choose the correct answer to fill in the blank from these choices.

113. **(31)1** still being ^{議論 (ぎろん) された} debated **2** being ^{避 (さ) けられた} avoided by researchers

114. **3** attracting little ^{興味 (きょうみ)} interest **4** now receiving more ^{評判 (ひょうばん)} publicity

115. ☆彡 Memorization **Further Questions&Sample Answers**

116. **6)** What does the research fail to do? 研究は何をすることに失敗しますか。

117. *The research fails to reach consensus.*

118. **7)** What is the only thing that researchers know for sure?

119. 研究者が確かに知っているただ一つのもは何ですか。

120. *The only thing that researchers know for sure is that salt affects different*
121. *individual in different ways.*

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