

Eiken Grade G2 Speaking 2016-3B

Taking Health Supplements

Most people know that taking various medicines at the same time can be dangerous. However, they might not be aware of the risks of mixing different health supplements. People can ask their doctors about such risks, and in this way, they can make sure that they take health supplements safely. People should keep in mind that mixing health supplements can be harmful.

Your story should begin with this sentence: **One day, Ken and his parents were preparing for their hiking trip.**



No. 1 According to the passage, how can people make sure that they take health supplements safely?

No. 2 Now, please look at the picture and describe the situation. You have 20 seconds to prepare. Your story should begin with the sentence on the card.

<20 seconds>

Please begin.

Now, Mr./Ms. _____, please turn the card over and put it down.

No. 4 Some people say that the number of people who exercise after work will increase in the future. What do you think about that?

No. 5 Today, many people share information about their daily lives online. Do you think people are careful enough about putting their personal information on the Internet?

Yes. → Why?

No. → Why not?

- No. 1** By asking their doctors about the risks of mixing different health supplements.
- No. 2** One day, Ken and his parents were preparing for their hiking trip. Ken said to them, "I'm excited about going hiking today." Later in the mountains, Ken and his parents were caught in the rain. Ken's father said that they should go back to their car. That night at home, Ken had a fever. His mother thought that she should take him to the doctor.
- No. 3** I agree. People are becoming more careful about their health. Exercising is a good way for people to stay healthy.
- I disagree. Many people have to work until later at night. They're too tired to exercise after work.
- No. 4** Yes. → Most people only share such information with their friends and family. They think their privacy is important.
No. → They put their names and pictures on social networking sites. They don't realize that anyone can see this information.