

**For Teachers:** Please have the students read the sentences one at a time and correct their pronunciation of each sentence then have them repeat after you. Wait until after they read the sentence (use the number in place of the missing word) to have the students choose the correct answer to fill in the blank. When the students finish the article, move on to the further questions.

## 4[B] – Junior Cooks

9.1(4B)AP2E

1. Many Americans are worried about the number of children in the United States who are overweight.  
たくさんの アメリカ人(じん) ~について心配(しんぱい)している ~の数(かず) 子供(こども) 太(ふと)り過(す)ぎの
2. A recent study showed that 19 percent of children between the ages of 6 and 11 weigh too much.  
最近(さいきん)の 研究(けんきゅう) 示(しめ)す ~の間(あいだ) 年齢(ねんれい) 重(おも)さがある
3. One reason for this is that some parents give their children convenience foods or take them to eat at fast-food restaurants.  
理由(りゆう) 両親(りょうしん) インスタント食品(しょくひん)
4. Another reason is that when children buy food and drinks, they often choose unhealthy items.  
もうひとつの 買(か)う しばしば 選(えら)ぶ 不健康(ふけんこう)な 品目(ひんもく)
5. ( 36 ), many children prefer sweet drinks like cola to healthier drinks like milk.  
~を好(この)む 甘(あま)い ~のような より健康的(けんこうてき)な ~のような

\*Choose the correct answer to fill in the blank from these choices.

6. (36) 1 Luckily 2 For example 3 Even then 4 On the other hand  
運良(うんよ)く 例(たと)えば その時(とき)でさえ もう一方(いっぽう)では

**Further Questions&A** \*Ask student to answer the question on their own at first. If the student can't answer correctly, have him look at the last page and read the "example answer" for the question. Have the student try to memorize the answer, if it's too long or difficult, you should divide the sentence into 2 or 3 parts to make it easier to remember. Once they have memorized the answer, the teacher should ask the question one last time so that the student can practice answering. Also if you find any mistakes, please mark the page and let me know ASAP.

7. 1)-36 What percentage of children in the United States are overweight?  
割合(わりあい)
8. アメリカではどのくらいの割合で子どもたちが太りすぎですか。  
わりあい こどもたち 太(ふと)
9. *19 percent of the children between the ages of 6 and 11 are overweight.*
10. 2)-36 What is one reason that children are overweight?  
こどもたち 太(ふと) 原因(げんいん)
11. 子どもたちの太りすぎの原因の1つはなんですか。
12. *-Many parents give their children convenience food.*
13. *-Many parents take their children to fast food restaurants.*
14. *-When children buy food, they often choose unhealthy items.*

15. Some people think that the answer to this problem is to teach children to cook.  
何人(なんにん)か 解決策(かいけつさく) 問題(もんだい) 教(おし)える

16. They say that when children become interested in cooking, they begin to want to eat ( 37 ) food.  
興味(きょうみ)を持(も)つようになる 始(はじ)める

17. They ask their parents for healthier meals and buy fewer candies  
頼(たの)む 食事(しょくじ) より少(すく)ない

and soft drinks. In 2006, an organization called the Junior League started a new program.

計画(けいかく)

18. In this program, the Junior League invites children to meetings where cooks explain how to prepare healthy snacks and meals.

年少(ねんしょう)の

招待(しょうたい)する

説明(せつめい)する

どのように

調理(ちょうり)する

軽食(けいしょく)

食事(しょくじ)

\* Choose the correct answer to fill in the blank from these choices.

19. (37) 1 **quicker** 2 cheaper 3 better 4 colder

急速(きゅうそく)な

より安(やす)い

より良(よ)く

より寒(さむ)い

## Further Questions&A

20. 3)-37 Why do some people think teaching children to cook is good?

21. なぜ一部の人は子どもたちに料理を教える事が良いと考えていますか。

22. *When children become interested in cooking, they eat better food.*

23. 4)-37 What is the Junior League? Junior League とはなんですか。

24. *It is an organization that teach children to prepare healthy meals.*

25. Cookbooks for children are also becoming more popular. In the past, children's cookbooks were often boring because they only introduced very (38) meals.

料理(りょうり)の本(ほん)

その上(うえ) ~になること

より 人気(にんき)

昔(むかし)

children's cookbooks were often boring because they only introduced very (38) meals.

退屈(たいくつ)な

なぜならば

ただ 紹介(しょうかい)する

26. Recently, though, these cookbooks have become much more interesting.

27. They have many dishes that are more difficult to make, and they also have information about healthy eating.

28. Some teach children how to make food from other parts of the world, such as sushi rolls from Japan and bibimbap from Korea.

29. In this way, they show children that eating healthily is not only good for you, but also fun.

最近(さいきん)

しかし

おもしろい

料理(りょうり)

難(むず)しい

健康的(けんこうてき)な

~する方法(ほうほう)

他(ほか)の

世界(せかい)

~のような

巻(ま)き寿司(ずし)

ピビンバ

このようにして

健康的(けんこうてき)な

楽(たの)しみ

\* Choose the correct answer to fill in the blank from these choices.

30. (38) 1 **simple** 2 exciting 3 secret 4 heavy

簡単(かんたん)な

わくわくする

秘密(ひみつ)の

重(おも)い

## Further Questions&A

31. 5)-38 Why are recent cookbooks for children more interesting than before?

32. なぜ最近の子どもの料理本は以前よりおもしろくなっているのですか。

33. *-They have dishes that are more difficult to make.*

34. *-They have information about healthy eating.*

35. *-They teach children how to make food from other parts of the world.*

36. 6)-38 What do cookbooks for children show?

37. 子ども向けの料理本では子どもたちに何を示していますか。

38. *They show children that eating healthily is not only good for you, but fun.*

39. 7)-38 Can you cook? What can you cook? あなたは料理ができますか。何を作れますか。  
 40. *I can't cook well, but I can make grilled cheese sandwiches and burritos.*

**Vocabularies:** Try to memorize these words yourself without looking at the Japanese translations.  
**For Teachers:** Have the student read the word in English, correct their pronunciation then say it together. Then have the student say it in Japanese before saying again in English. After you have done this for each line, go back to the first word and have the student translate it.

41. (36) 1 Luckily 2 For example 3 Even then 4 On the other hand  
 42. (37) 1 quicker 2 cheaper 3 better 4 colder  
 43. (38) 1 simple 2 exciting 3 secret 4 heavy

**Example sentences:** \*It must take a long time but Try to use these vocabularies one by one in the sentences of your original one. Teacher must show them your for example sentence before ask.

44. (36) 1 I tripped and fell yesterday. Luckily, I fell on the grass and wasn't hurt.  
 45. 2 I bought many things at the supermarket, for instance apples, milk and cheese.  
 46. 3 I used the ladder, but even then I couldn't reach the ball in the tree.  
 47. 4 I could watch the news on channel On the other hand, channel 8 is showing a new movie.  
 48. (37) 1 If we take the plane we'll get there quicker than if we went by car.  
 49. 2 Things at the big supermarket are usually cheaper than the smaller stores.  
 50. 3 The new iPhone is better than last year's iPhone.  
 51. 4 It is colder in Canada than it is in Taiwan.  
 52. (38) 1 The problem looks difficult, but it is simple if you know how to do it.  
 53. 2 The fireworks display was very exciting.  
 54. 3 I know a secret in that game to get more power.  
 55. 4 Balloons can be very big, but they are not heavy.

### Answers for "Vocabularies".

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 57. (37) 1 quicker 2 cheaper 3 better 4 colder  
 58. (38) 1 simple 2 exciting 3 secret 4 heavy

### Review Questions

59. 1)-36 What percentage of children in the United States are overweight?  
 60. *19 percent of the children between the ages of 6 and 11 are overweight.*  
 61. 2)-36 What is one reason that children are overweight?  
 62. *-Many parents give their children convenience food.*

63. *-Many parents take their children to fast food restaurants.*
64. *-When children buy food, they often choose unhealthy items.*
65. **3)-37** Why do some people think teaching children to cook is good?
66. *When children become interested in cooking, they eat better food.*
67. **4)-37** What is the Junior League?
68. *It is an organization that teach children to prepare healthy meals.*
69. **5)-38** Why are recent cookbooks for children more interesting than before?
70. *-They have dishes that are more difficult to make.*
71. *-They have information about healthy eating.*
72. *-They teach children how to make food from other parts of the world.*
73. **6)-38** What do cookbooks for children show?
74. *They show children that eating healthily is not only good for you, but fun.*
75. **7)-38** Can you cook? What can you cook?
76. *I can't cook <sup>上手(じょうず)に</sup> well , but I can make <sup>焼(や)いた</sup> grilled cheese sandwiches and <sup>ブリトー</sup> burritos.*

解答: (36) 2 (37) 3 (38) 1

e T O C 生徒様以外使用禁止

